

free pattern

# Rose Whisper Sew Along



- BY QUILT IN A DAY
- FINISHED SIZE: 44" X 58"
- PATTERN AVAILABLE IN JANUARY/FEBRUARY 2021  
AT [WWW.BENARTEX.COM](http://WWW.BENARTEX.COM)

  
**Rose**  
**Whispers**  
*By Eleanor Burns*



# *Quilt in a Day*®

## *Sew Along*



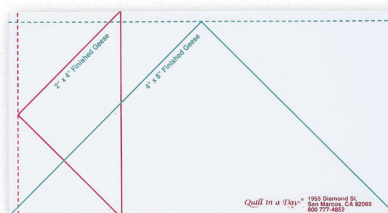


## Flying Geese Patch

Finished Size Geese	Unfinished Size Geese	Small Square	Large Square
1" x 2"	1½" x 2¾"	3½" square	5" square
1⅛" x 2¼"	1⅜" x 2¾"	3¾" square	5¼" square
1¼" x 2½"	1¾" x 3"	4" square	5½" square
1½" x 3"	2" x 3½"	4½" square	6" square
2" x 4"	2½" x 4½"	5½" square	7" square
2¼" x 4½"	2¾" x 5"	6" square	7½" square
2½" x 5"	3" x 5½"	6½" square	8" square
3" x 6"	3½" x 6½"	7½" square	9" square
4" x 8"	4½" x 8½"	9½" square	11" square
5" x 10"	5½" x 10"	11½" square	13" square

## Flying Geese

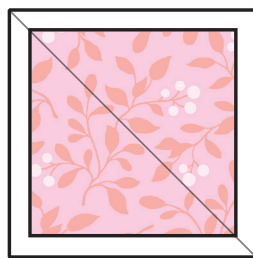
1. Decide what finished size Geese you want to make. The width of the finished Geese is always two times the height of the Geese.
2. If you want a patch with dark Geese, the small square is dark, and the large square is light.
3. If you want a patch with light Geese, the small square is light, and the large square is dark.
4. Cut one square from each column. One small square and one large square make four Geese.





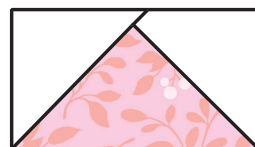
## Making Flying Geese

1. Place Background square right sides together and centered on dark square. Press.

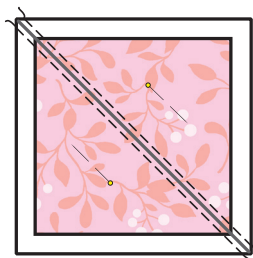


*Example:*

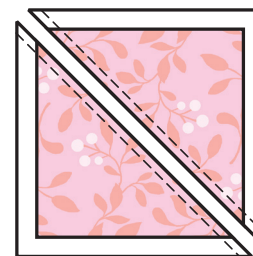
*For a 2" x 4" finished, cut smaller square 5½". Larger square is 7" this example makes a 2½" x 4½" Flying Geese.*



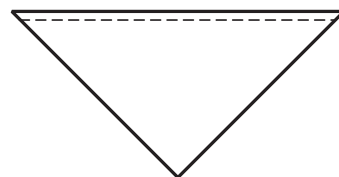
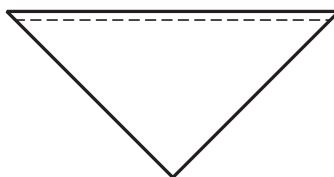
2. Place ruler on squares so ruler touches all four corners. Draw diagonal line across squares. Pin.
3. Sew ¼" from both sides of drawn line. Remove pins.



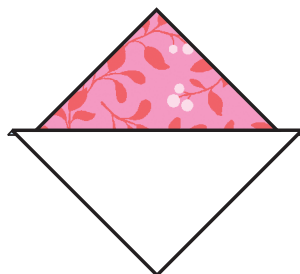
4. Cut on drawn line.



5. Place on pressing mat with large triangle on top. Press to set seam.

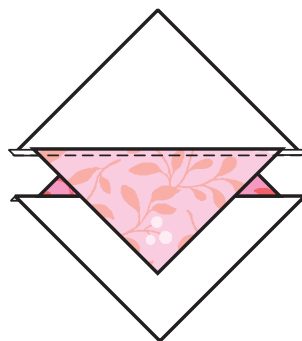


6. Open and press flat. Check that there are no tucks, and seam is pressed toward larger triangle.
7. Place one right side up.

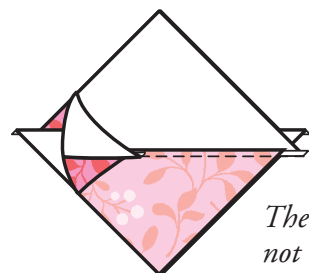




8. Place second piece right sides together so that opposite fabrics touch each other.

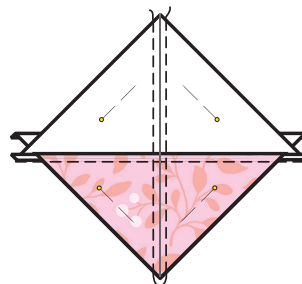


9. Match outside edges. There is a gap between seams.

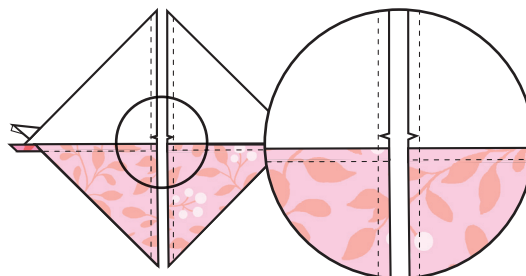


*The seams do not lock.*

10. Draw a diagonal line across seams. Pin.
11. Sew  $\frac{1}{4}$ " from both sides of drawn line. Hold seams flat with stiletto so seams do not flip. Press to set seam.
12. Cut on drawn line.

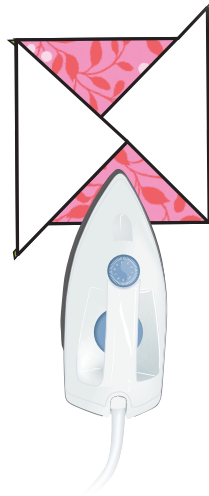


13. Clip seam allowance to vertical seam midway between horizontal seams. **This allows the seam allowance to be pressed in opposite directions.**

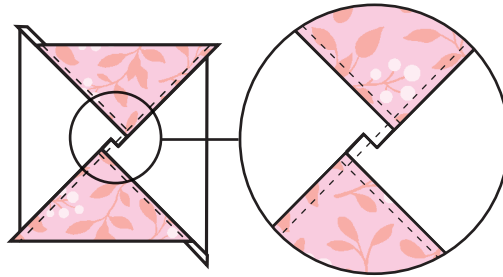




14. Open. From right side, press into one large triangle. Turn and press into second Large triangle.



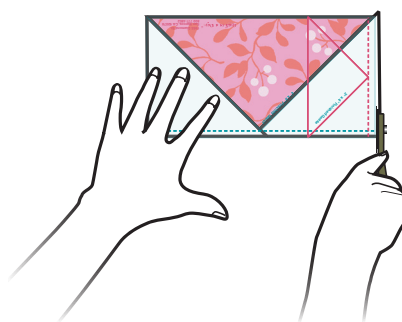
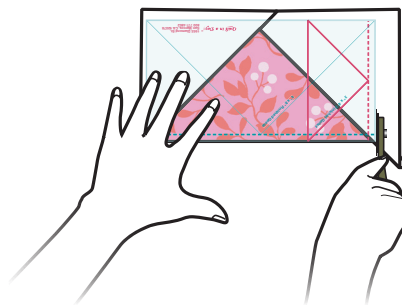
15. Turn over, and press on wrong side. At clipped seam, fabric is pressed away from Geese.



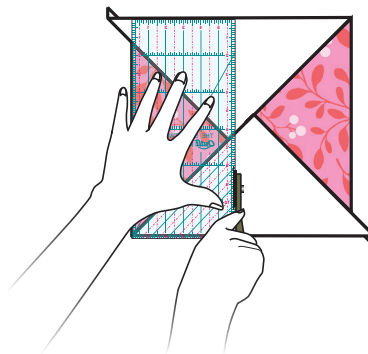


## Squaring Up with Geese Ruler or 6" x 12" Rulers

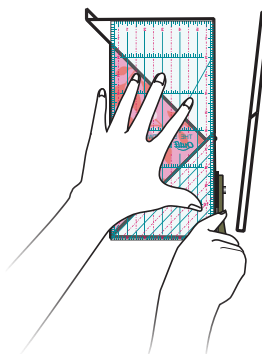
1. Square up Geese using the appropriate ruler. Follow the manufacturers instructions to square up Geese. If you do not have a Flying Geese Ruler, use a 6" x 12" ruler with a 45° line.



2. Line up the 45° line on a Geese seam, and the 1/4" line on peak.
3. Cut across, keeping an exact 1/4" seam allowance beyond each peak.

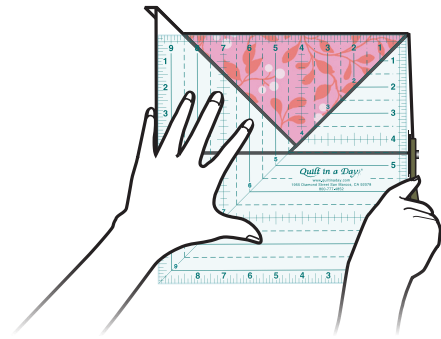


4. Turn second piece and repeat.

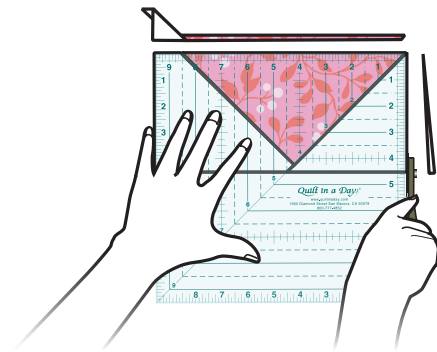




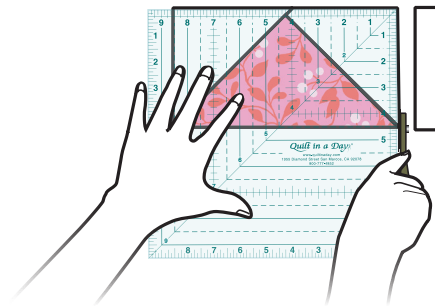
5. Using a 12½" or 6"x 6" Square Up Ruler, place the diagonal line on seam. Points should line up with desired Unfinished measurement.
6. Line up the bottom edge of the Geese with second Unfinished measurement.



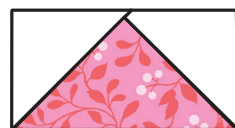
7. Sliver trim on right and top of patch.



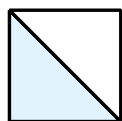
8. Turn patch, finish trimming Geese.



9. Trim all Geese.







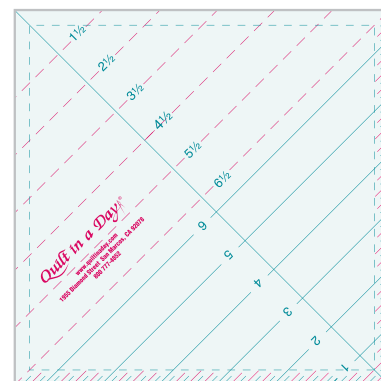
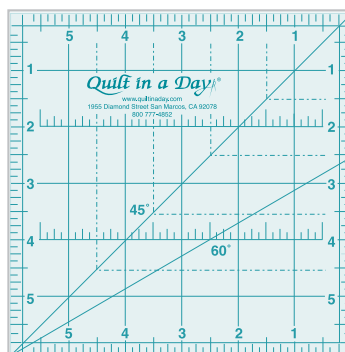
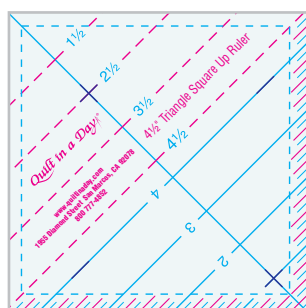
## Triangle Pieced Square

Half Square Triangle

Finished Square	Makes 2	Makes 4	Makes 8	Unfinished Squares
1/2"	(2) 1 1/2" Squares	(2) 1 1/2" x 3"	(2) 3" Squares	1"
1"	(2) 2" Squares	(2) 2" x 4"	(2) 4" Squares	1 1/2"
1 1/2"	(2) 2 1/2" Squares	(2) 2 1/2" x 5"	(2) 5" Squares	2"
2"	(2) 3" Squares	(2) 3" x 6"	(2) 6" Squares	2 1/2"
2 1/4"	(2) 3 1/4" Squares	(2) 3 1/4" x 6 1/2"	(2) 6 1/2" Squares	2 3/4"
2 1/2"	(2) 3 1/2" Squares	(2) 3 1/2" x 7"	(2) 7" Squares	3"
2 3/4"	(2) 3 3/4" Squares	(2) 3 3/4" x 7 1/2"	(2) 7 1/2" Squares	3 1/4"
3"	(2) 4" Squares	(2) 4" x 8"	(2) 8" Squares	3 1/2"
3 1/2"	(2) 4 1/2" Squares	(2) 4 1/2" x 9"	(2) 9" Squares	4"
4"	(2) 5" Squares	(2) 5" x 10"	(2) 10" Squares	4 1/2"
4 1/2"	(2) 5 1/2" Squares	(2) 5 1/2" x 11"	(2) 11" Squares	5"
5"	(2) 6" Squares	(2) 6" x 12"	(2) 12" Squares	5 1/2"
5 1/2"	(2) 6 1/2" Squares	(2) 6 1/2" x 13"	(2) 13" Squares	6"
6"	(2) 7" Squares	(2) 7" x 14"	(2) 14" Squares	6 1/2"

### Triangle Pieced Square(Half Square Triangle)

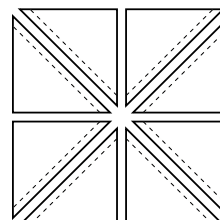
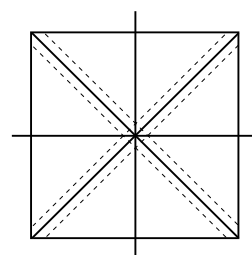
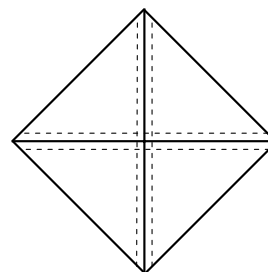
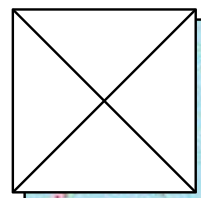
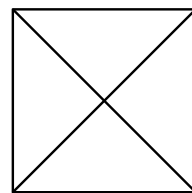
You can simply make 2, 4, or 8 Triangle Pieced Squares at a time.  
Use the chart above.



## Making Triangle Pieced Squares from Square

### Making Triangle Pieced Squares

1. Cut one square of Background and one square of Triangle.
2. Draw diagonal lines on the wrong side of Background square.
3. Place marked Background square right sides together with Triangle square. Pin.
4. Set up machine with thread that shows against the wrong side of both fabrics. It is important to see the stitching.
5. Sew exactly  $\frac{1}{4}$ " from lines with 15 stitches to the inch or a setting of #2.
6. Press to set seams.
7. Lay on cutting mat grid lines.
8. Without moving fabric, cut squares horizontally and vertically.
9. Cut on both diagonal lines. There should be a total of 8 closed triangles.
10. Stack closed triangles Triangle side up. If stitches shows better on Background side, stack closed triangles Background side up.

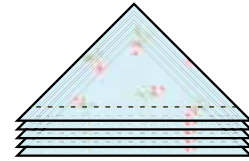


*Triangles are oversized and need to be trimmed.  
This technique is called "squaring up".*

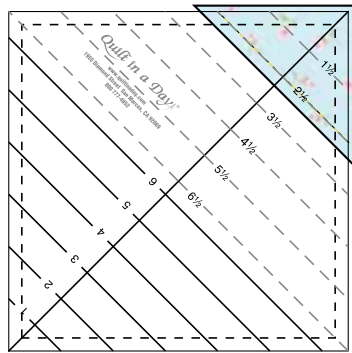


## Squaring “Closed” with Triangle Square Up Ruler

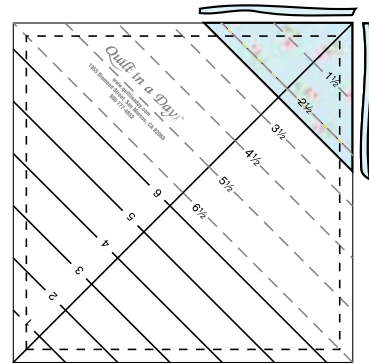
1. Lay the ruler's selected Square Up line on the stitching line.



2. Line up top edge of ruler with triangle. Hold ruler firmly.
3. Trim right side of triangle, pushing rotary cutter toward the point to avoid damaging the ruler's corner.

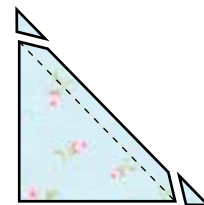


*For quarter and eighth inch measurements, use marks provided along the edges.*

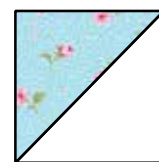


*Example is for 2 1/2"*

4. From stitching, trim tips at 60° angle.



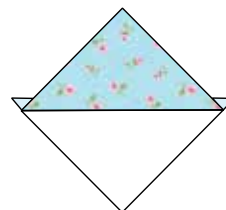
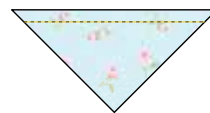
5. Lay trimmed triangle on pressing mat, Triangle side up. Lift corner and press toward seam with tip of iron, pushing seams to Triangle side. Press carefully so pieces do not distort.
6. Measure to see if it is desired size. If not correct size, adjust placement of Square Up line before stitching if square is too small, or after stitching if square is too large.



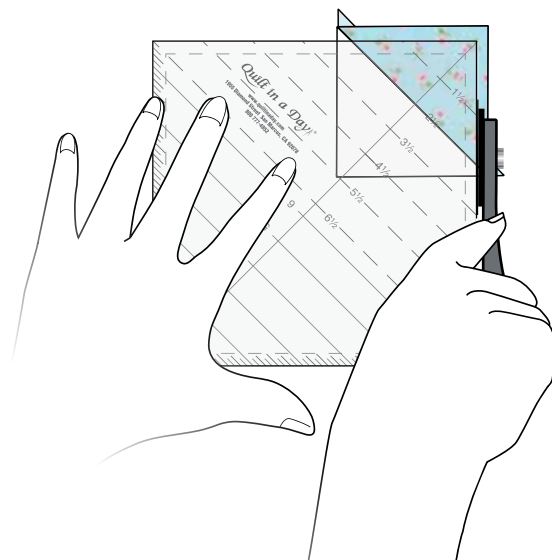
## Squaring “Open” with Triangle Square Up Ruler

If you prefer to square up patch open, use this method.

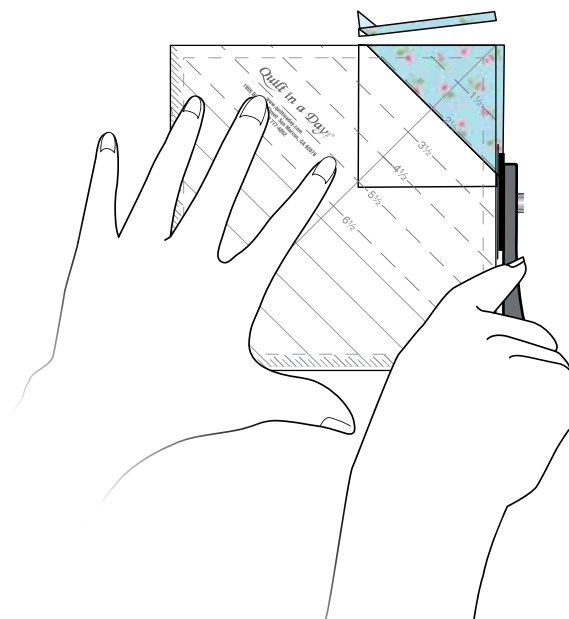
1. Turn Triangles so Background is faced down. Press to set seam. Open and press seam toward Triangle.



2. Place Triangle Square Up Ruler on top of patch. Line up diagonal line with seam.
3. Trim on two sides.



4. Turn and line up diagonal line. Cut remaining two sides.

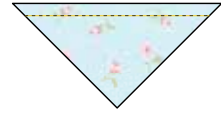




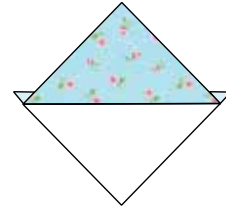
## Squaring with a Square Up Ruler

If you have a Square Up Ruler to trim, use this method.

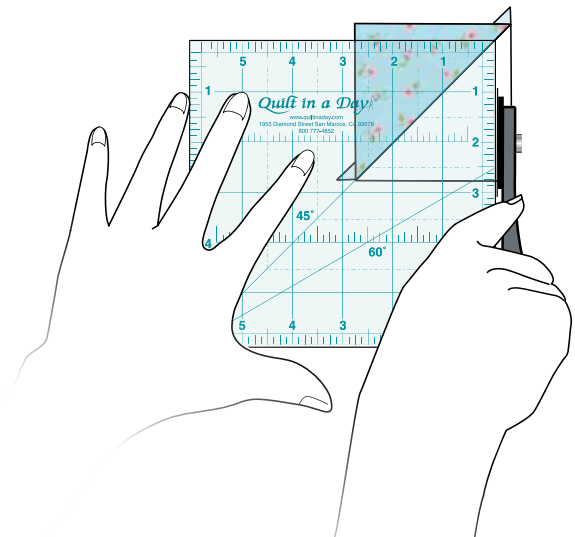
1. Drop triangle on pressing mat with Triangle fabric on top. Press to set seam.



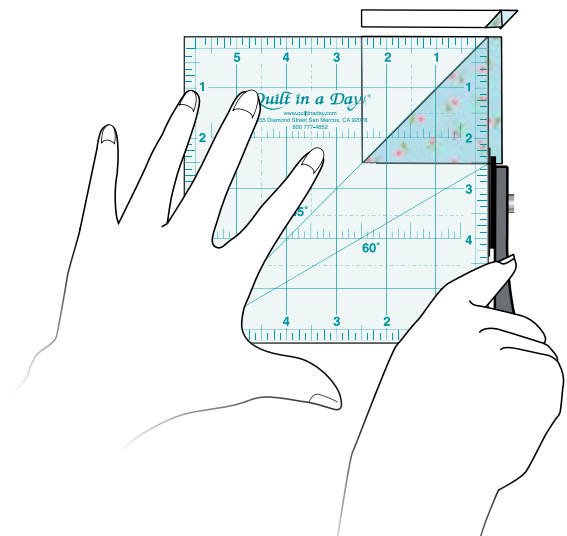
2. Open and press seam toward Triangle.



3. Place Square Up ruler on pieced square. Line up diagonal line with patch. Center patch so equal fabric is on both sides. Trim on two sides.



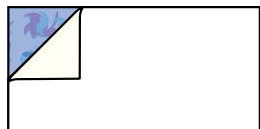
4. Turn and place measurement on cut edges. Cut remaining two sides, squaring patch.





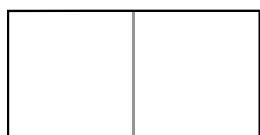
## Making Triangle Pieced Squares from Rectangle

1. Place three medium 4" x 8" pieces right side up.
2. Place light 4" x 8" right sides together.

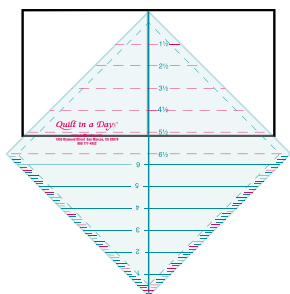


*Make three sets.*

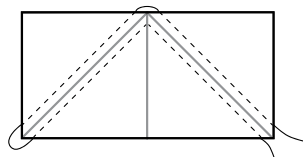
3. On wrong side of light, draw a line at 4".



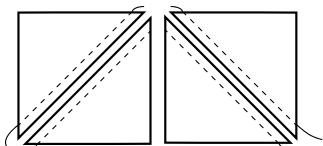
4. Draw diagonal lines with 6½" Triangle Square Up Ruler.



5. Assembly-line sew ¼" away from diagonal lines.



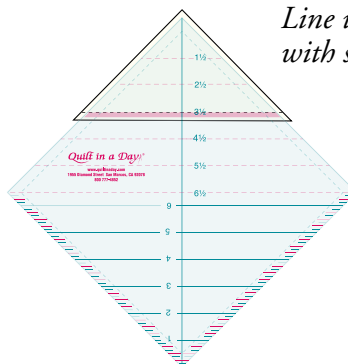
6. Cut on diagonal lines. Cut on straight line.



*Cut*

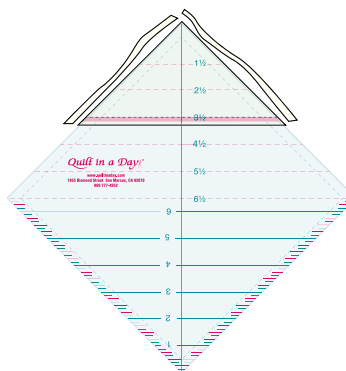
*Cut*

7. Select 4½" or 6½" Triangle Square Up Ruler. Put Glow Line tape under 3½" line.

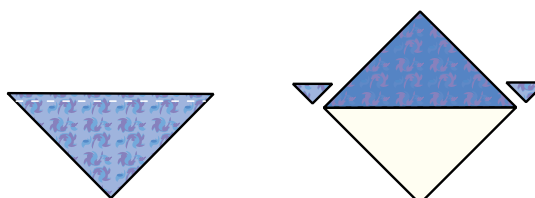


*Center ruler on patch.  
Line up ruler's 3½" line  
with stitches.*


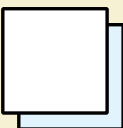

8. Trim patches to 3½" with Triangle Square Up Ruler.



9. Set seams with medium on top. Open, and press toward medium. Trim tips.

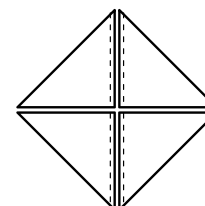
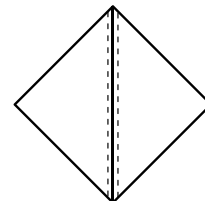
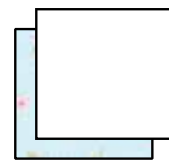


## ☒ Making Quarter Triangle Squares

		
Finished Size	Cut Squares	Square Up to
1"	(2) 2½"	1½"
1½"	(2) 3"	2"
2"	(2) 3½"	2½"
2½"	(2) 4"	3"
3"	(2) 4½"	3½"
3½"	(2) 5"	4"
4"	(2) 5½"	4½"
4½"	(2) 6"	5"
5"	(2) 6½"	5½"
5½"	(2) 7"	6"
6"	(2) 7½"	6½"

### Making 2 Quarter Triangle Squares

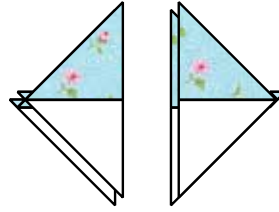
1. Lay out (2) squares that are the same size, but different colors.
2. Pair squares right sides together. Draw a diagonal line. Sew ¼" from both sides of the drawn line.
3. Cut on both diagonal lines.



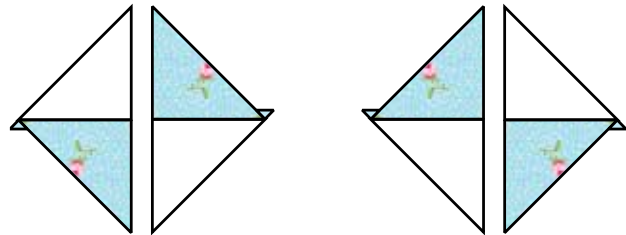


## Quarter Triangle Squares

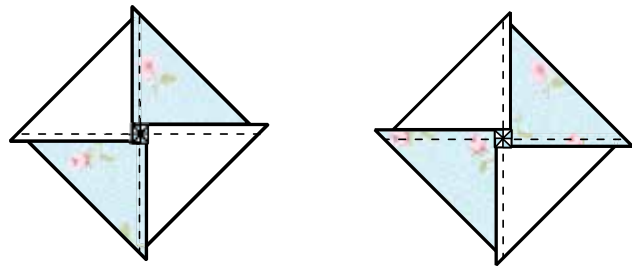
- Set seams. Press open so seams are toward the darker fabric.



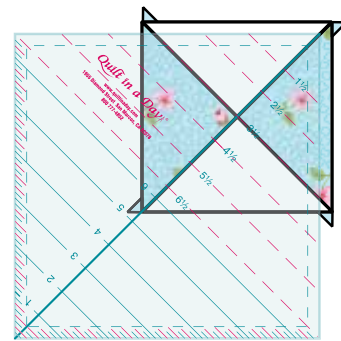
- Match the pieces with opposite fabrics next to each other. Sew pairs together.



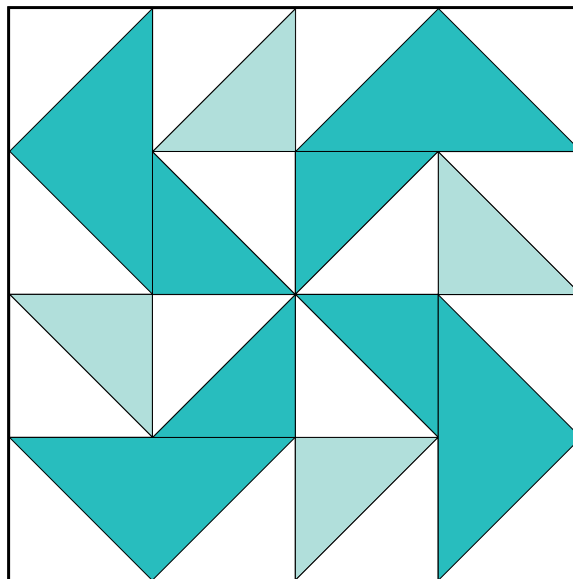
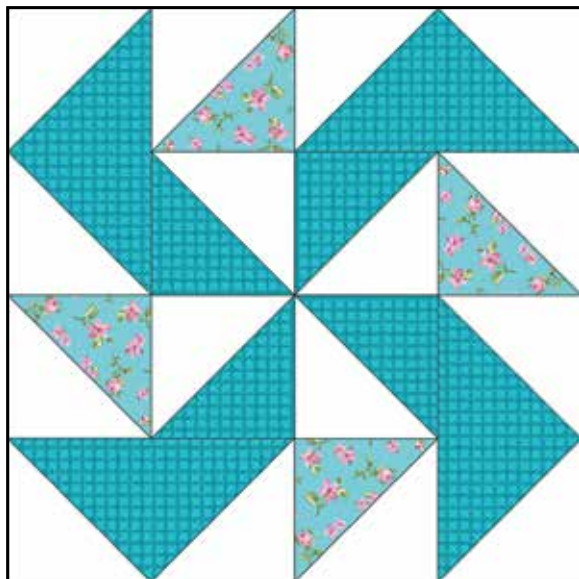
- Remove stitches between the horizontal seam and the edge of the fabric. Swirl seams on the wrong side so they all go in the same direction. Clockwise or counter clockwise.



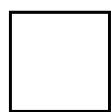
- Use the Triangle Square Up Ruler to square up your patches. Square one half at a time. Place diagonal line on vertical seam and squaring line on horizontal seam. Trim. Turn patch 180° and repeat.



# Whirlygig



## Yardage



Background  
Geese  
Triangles

(1) 9" Square  
(2) 4" x 8"



Dark  
Geese  
Triangles

(1) 7½" Square  
(1) 4" x 8"



Medium  
Triangles

(1) 4" x 8"

## Supplies

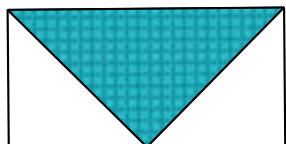
4" x 14" Ruler  
Small Flying Geese Ruler  
4½" Triangle Square Up

## Sewing Four Patches Together

1. Lay out four of each part of the patches.

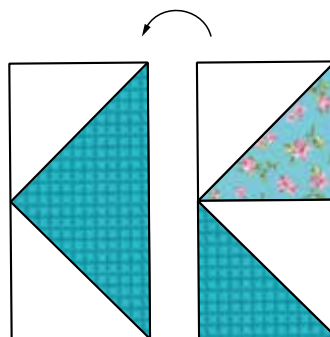


*Make four of each following Triangle Pieced Square instructions*

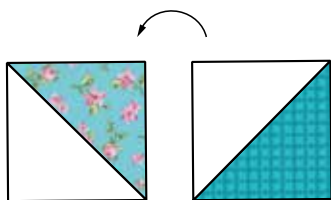


*Make four following Flying Geese instructions*

3. Sew Triangle Pieced Squares together to Geese. Press toward Geese.

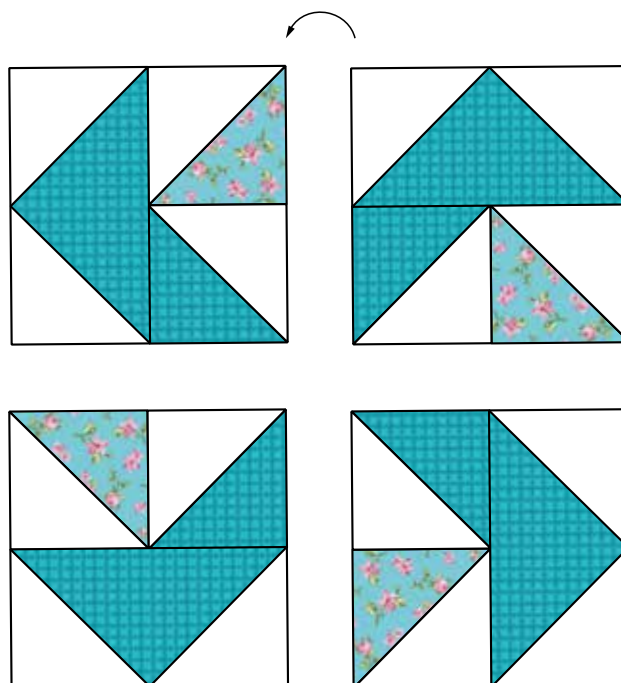


2. Sew Triangle Pieced Squares together. Press toward dark.



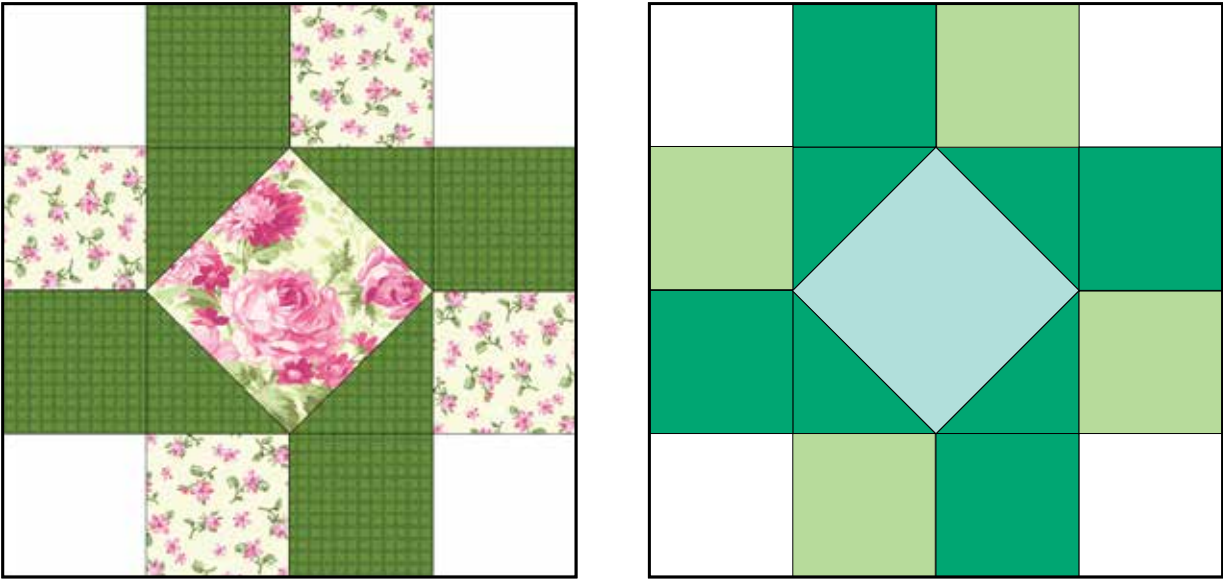
## Sewing Block Together

1. Lay out four quarters.
2. Sew vertical blocks together.
3. Turn and sew remaining blocks together. Pushing top seam up and underneath seam down.
4. Swirl center seam, and press.




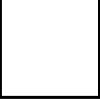




# Susannah



## Yardage

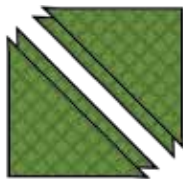
	Center	(1) 4¾" Square
	Dark	(2) 4½" Squares (4) 3½" Squares
	Medium	(4) 3½" Squares
	Background	(4) 3½" Squares

## Supplies

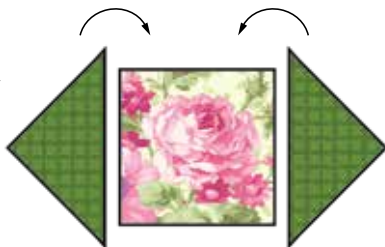
6½" Fussy Cut Ruler  
Turnable Mat

## Making Square in a Square Center

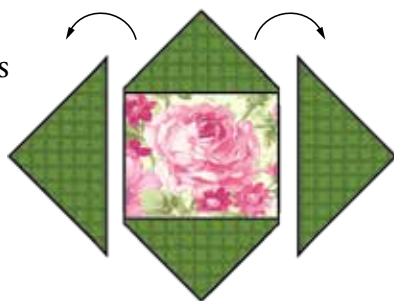
1. Cut two 4½" Dark squares in half on one diagonal.



2. Place one triangle on each side of 4¾" Fussy Cut square.
3. Sew with triangles on bottom so bias does not stretch.

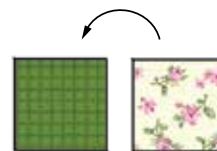


4. Press seams toward triangles. Trim tips.
5. Sew triangles to two remaining sides. Press seams toward triangles.
6. Square to 6½" with Fussy Cut Ruler.



## Sewing Squares in Pairs

1. Lay out medium and dark squares. Stack four.

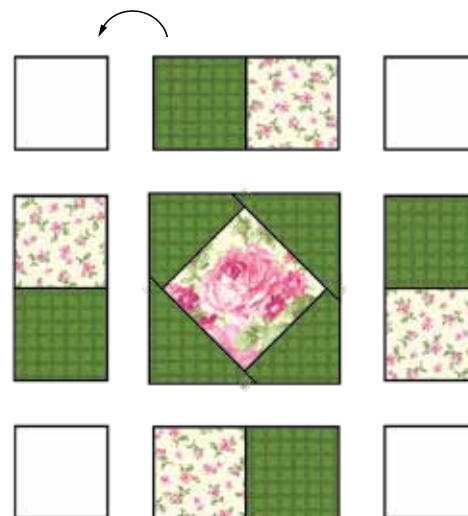


2. Sew squares together. Press seams toward dark.

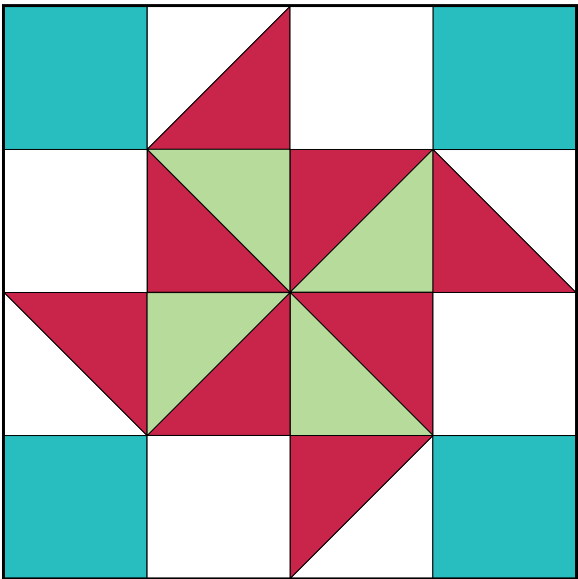
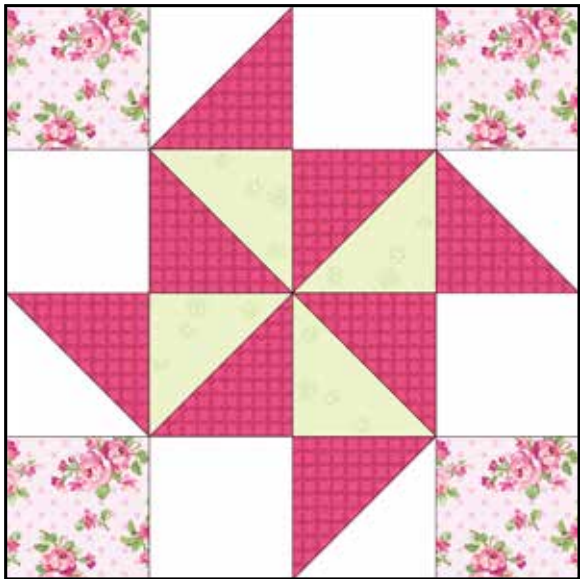


## Sewing Block together .....

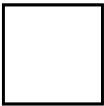



1. Lay out block with light squares.
2. Sew vertical rows together.
3. Sew remaining rows, pressing seams away from center.



# Flying X



## Yardage

	Background Half Triangles	(1) 4" x 8" (4) 3½"
	Light Corners	(4) 3½"
	Dark Half Triangles	(2) 4" x 8"
	Light Half Triangles	(1) 4" x 8"

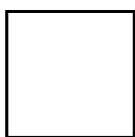
## Supplies

6½" Triangle Square Up

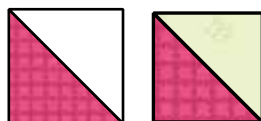




*Cut Four*



*Cut Four*



*Make four of each following  
Triangle Pieced Square instructions*

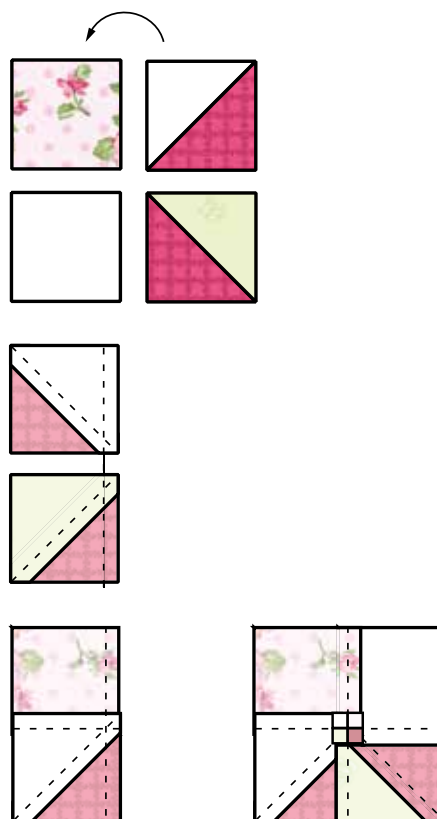
## Sewing Triangles

1. Assembly-line sew four triangles with background and four with light.
2. Follow instructions on pages.



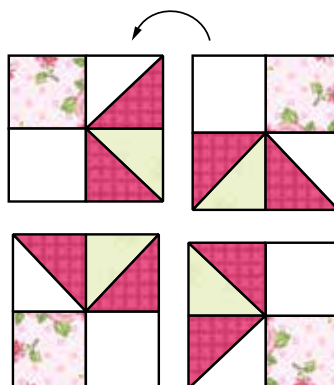
## Sewing Four Patches Together

1. Lay out one quarter block.  
Place four in each stack.
2. Flip second vertical row to first vertical row.
3. Assembly-line sew.
4. Open.
5. Turn and and sew remaining row, locking seams. Push top seam up and underneath seam down.
6. "Swirl" center seams.

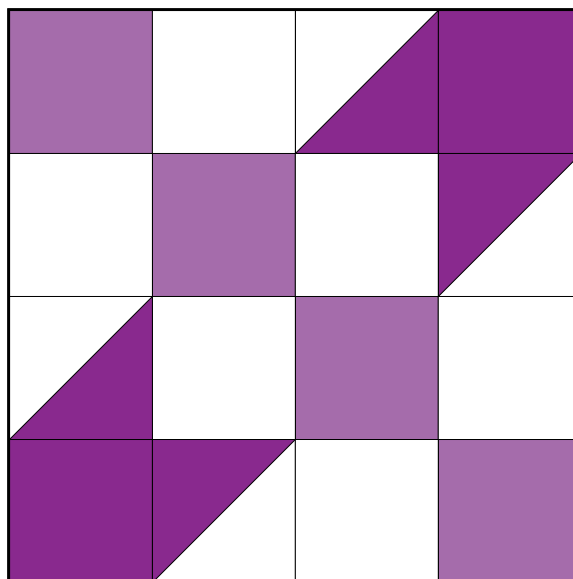
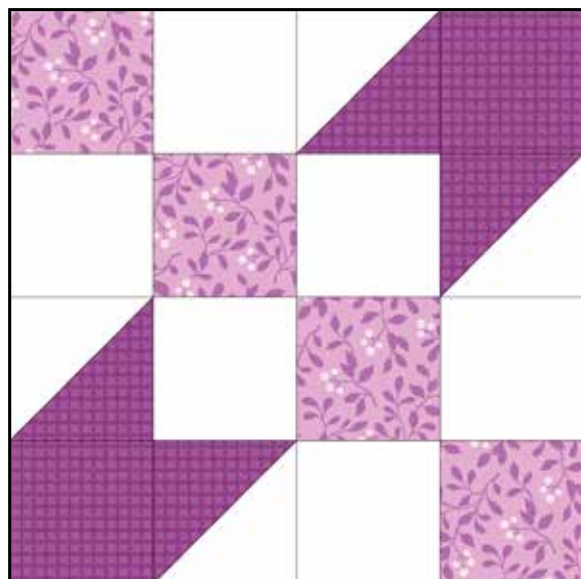


## Sewing Block Together

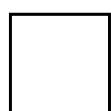
1. Lay out four quarters.
2. Sew vertical blocks together.
3. Turn and sew remaining blocks together. Pushing top seam up and underneath seam down.
4. Swirl center seam, and press.



# Jacobs

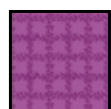


## Yardage



Background  
Half Triangles

(6) 3½" Squares  
(1) 4" x 8"



Half Triangles

(1) 4" x 8"  
(2) 3½" Squares

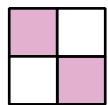


Medium Squares

(4) 3½" Squares

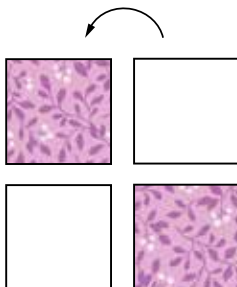
## Supplies

6½" Triangle Square Up



## Making Two Four-Patch

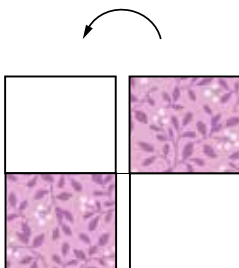
1. Pick up pairs.



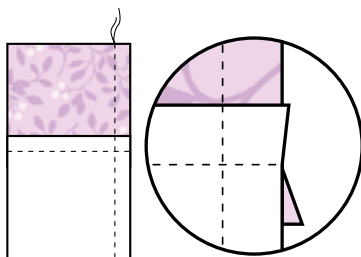
2. Assembly-line sew two Four-Patch starting with light.
3. Clip apart every two.



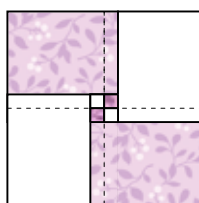
4. Open, and turn. Flip right sides together.



5. Assembly-line sew, locking seam. Push top seam up and underneath seam down.

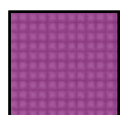


6. Clip connecting stitch.
7. "Swirl" seams clockwise on wrong side.





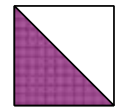
Cut 4



Cut 2

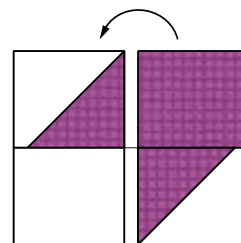


Cut 6



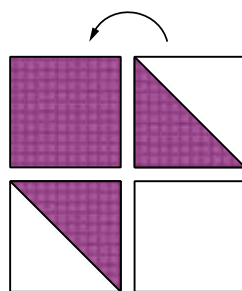
Make four following  
Triangle Pieced Square  
instructions

4. Open, and flip right sides together. Push top seam up and underneath seam down.



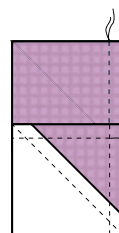
## Making Two Patch

1. Lay out pieced squares with squares.

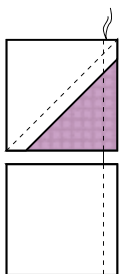


5. Assembly-line sew, locking seam.

6. Clip connecting stitch.

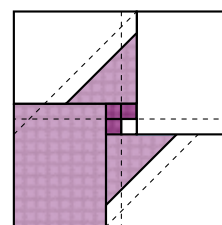


2. Flip right sides together and assembly-line sew.



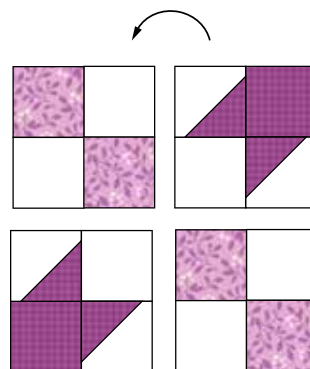
3. Clip apart every two.

7. "Swirl" seam clockwise on wrong side.



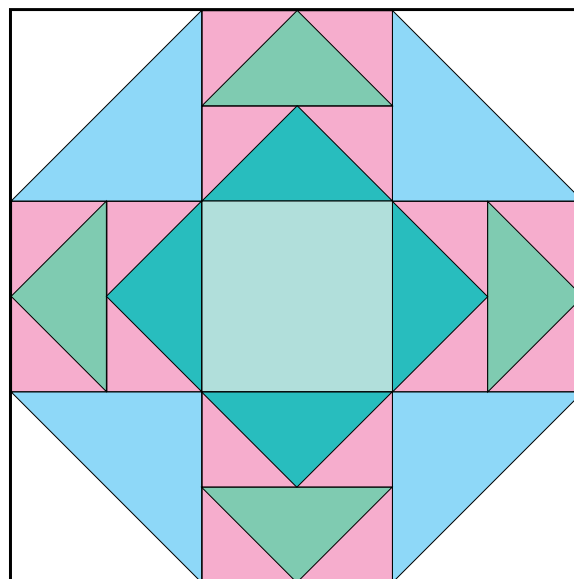
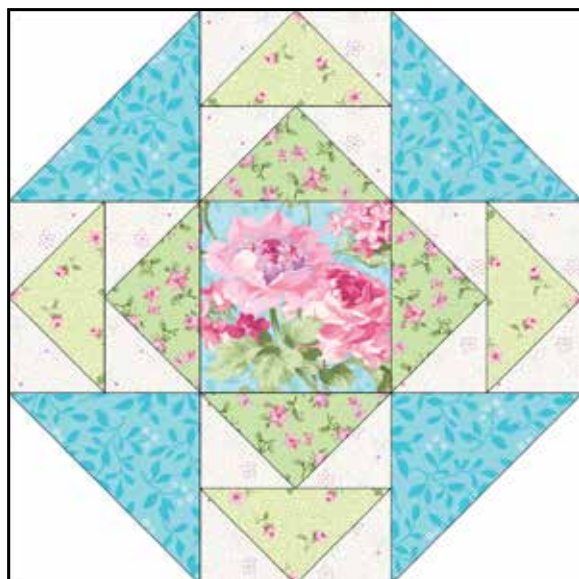
## Sewing Block together

1. Lay out four quarters.
2. Sew vertical blocks together.
3. Turn and sew remaining blocks together. Pushing top seam up and underneath seam down.
4. Swirl center seam, and press.

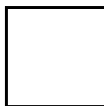









# Cups and Saucers



## Yardage

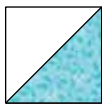
	First Background	(1) 5" x 10"
	Second Background	(2) 7" Squares
	Dark Green	(1) 5½" Square
	Medium Green	(1) 5½" Square
	Medium Blue	(1) 5" x 10"
	Fussy Cut	(1) 4½" Square

## Supplies

Mini Geese Ruler One  
 2" x 4" or Large Geese Ruler  
 4½" Triangle Square Up Ruler  
 Rotating Mat



*Cut 1*



*Make four following Triangle Pieced Square instructions*

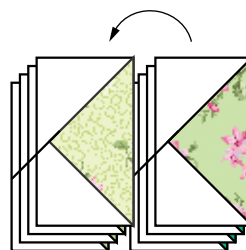


*Make four of each following Flying Geese instructions*



## Sewing Geese Together

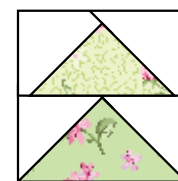
1. Lay out two stacks of Geese with four in each stack.
2. Flip Geese on right to Geese on left, right sides together.



3. Assembly-line sew.

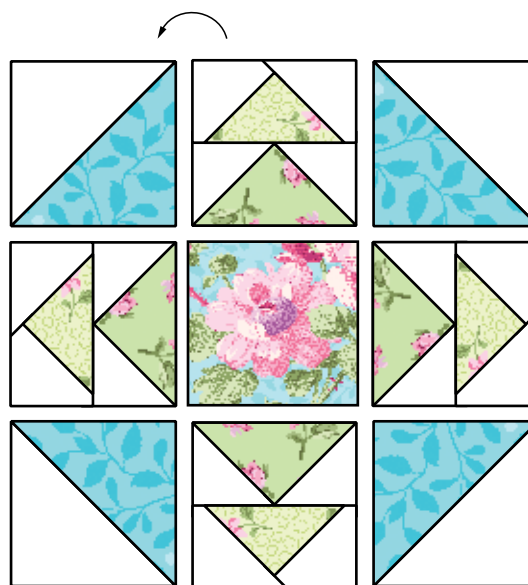


4. Set seam with outside Geese on top, open, and press toward outside Geese.

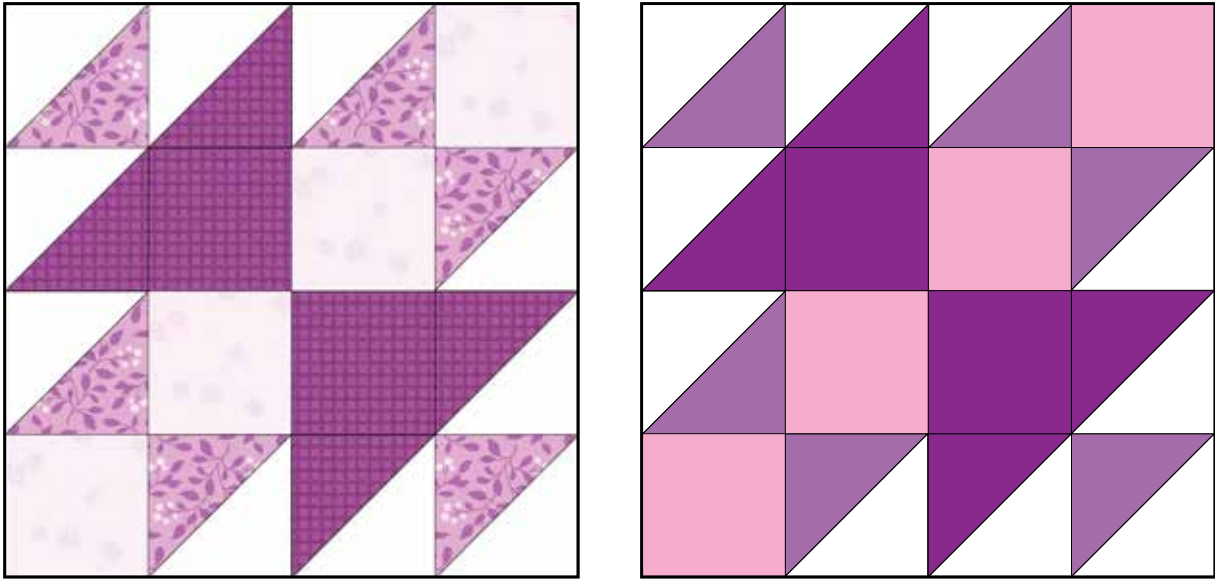


## Sewing Block together

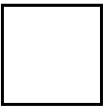



1. Lay out block.
2. Sew vertical rows together.
3. Sew remaining rows, pressing seams away from center.



# School Girls



## Yardage

	Background	(3) 4" x 8"
	Dark	(2) 3½" Squares (1) 4" x 8"
	Medium	(2) 4" x 8"
	Light	(4) 3½" Square

## Supplies

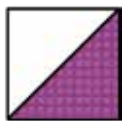
6" Square Up  
6½" Triangle Square Up



*Cut 2*



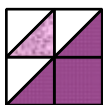
*Cut 4*



*Make 4  
Following Triangle Pieced  
Square instructions*

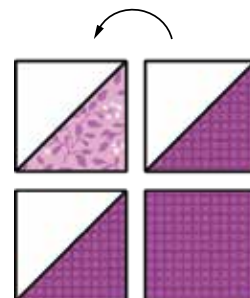


*Make 6  
Following Triangle Pieced  
Square instructions*



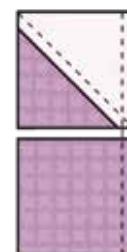
## Making Two

1. Pick up pairs.

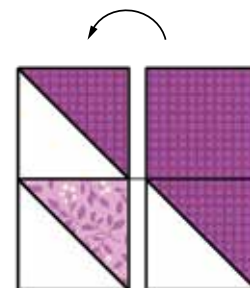


2. Assembly-line sew two

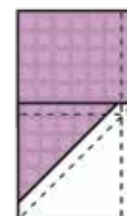
3. Clip apart every two.



4. Open, and  
turn. Flip right  
sides together.

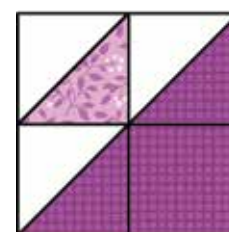


5. Assembly-line  
sew, locking seam.  
Push top seam up  
and underneath  
seam down.



6. Clip connecting  
stitch.

7. "Swirl" seams  
clockwise on  
wrong side.





## Making Two Four-Patch

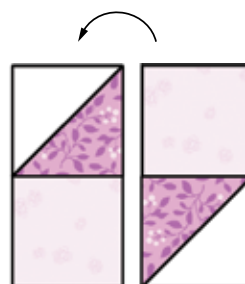
1. Pick up pairs.



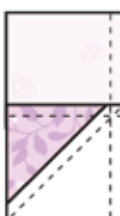
2. Assembly-line sew two Four-Patch starting with light.



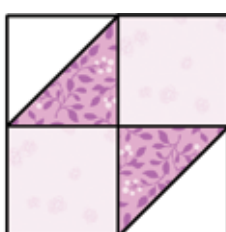
3. Clip apart every two.



4. Open, and turn. Flip right sides together.



5. Assembly-line sew, locking seam. Push top seam up and underneath seam down.

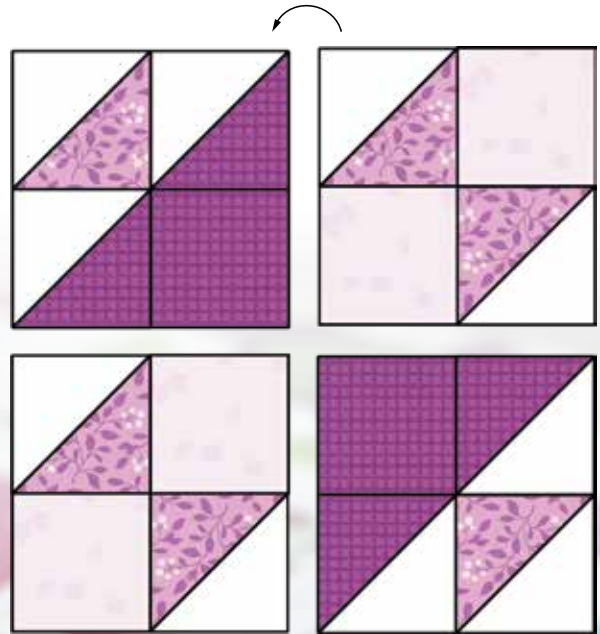


6. Clip connecting stitch.
7. "Swirl" seams clockwise on wrong side.

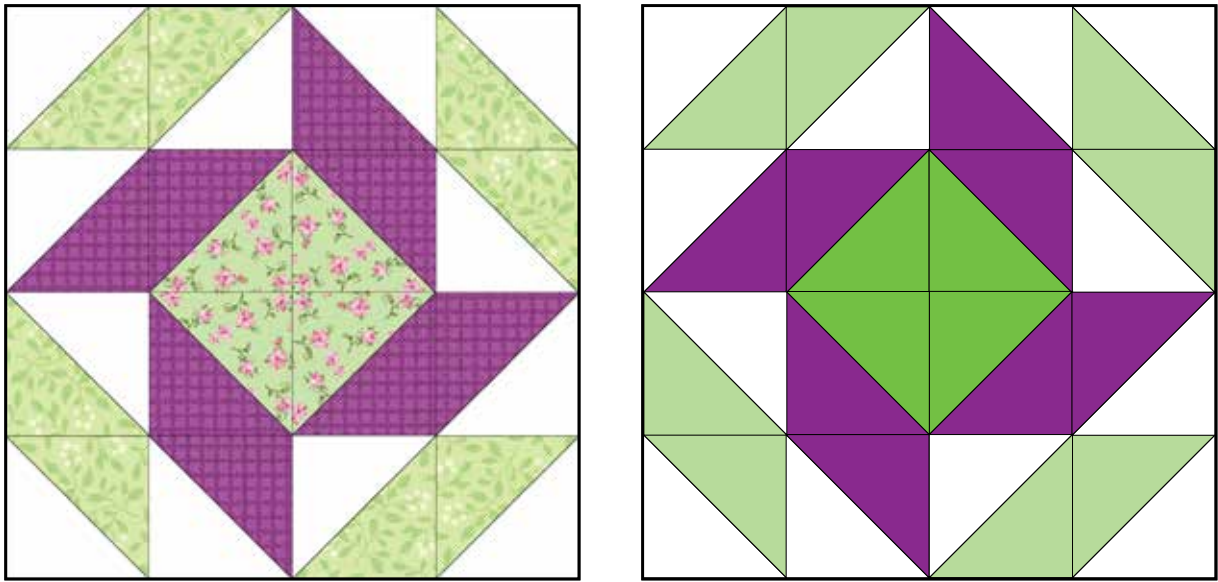


## Sewing Block together .....

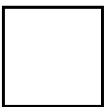



1. Lay out four quarters.
2. Sew vertical blocks together.
3. Turn and sew remaining blocks together. Pushing top seam up and underneath seam down.
4. Swirl center seam, and press.



# Mosaic

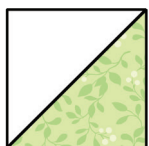


## Yardage

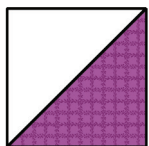
	Background	(3) 4" x 8"
	Medium	(1) 4" x 8"
	Second Medium	(2) 4" x 8"
	Dark	(2) 4" x 8"

## Supplies

6½" Triangle Square Up



*Make 8*  
*Press toward dark.*



*Make 4*  
*Following Triangle Pieced Square instructions*

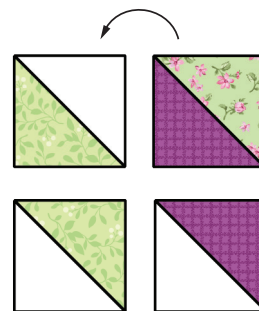


*Make 4*  
*Following Triangle Pieced Square instructions*

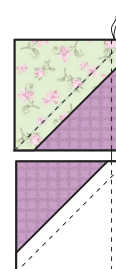
Note: To lock center press two toward dark and two toward medium.

## Making Four Patches Together

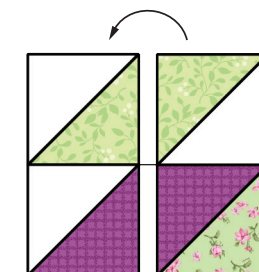
1. Lay out one quarter block. Place four in each stack.



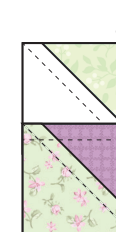
2. Flip right sides together and assembly-line sew.
3. Clip apart every two.



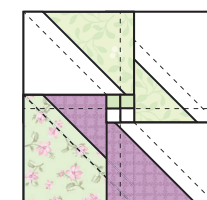
4. Open, and flip right sides together. Push top seam up and underneath seam down.



5. Assembly-line sew, locking seam.
6. Clip connecting stitch.



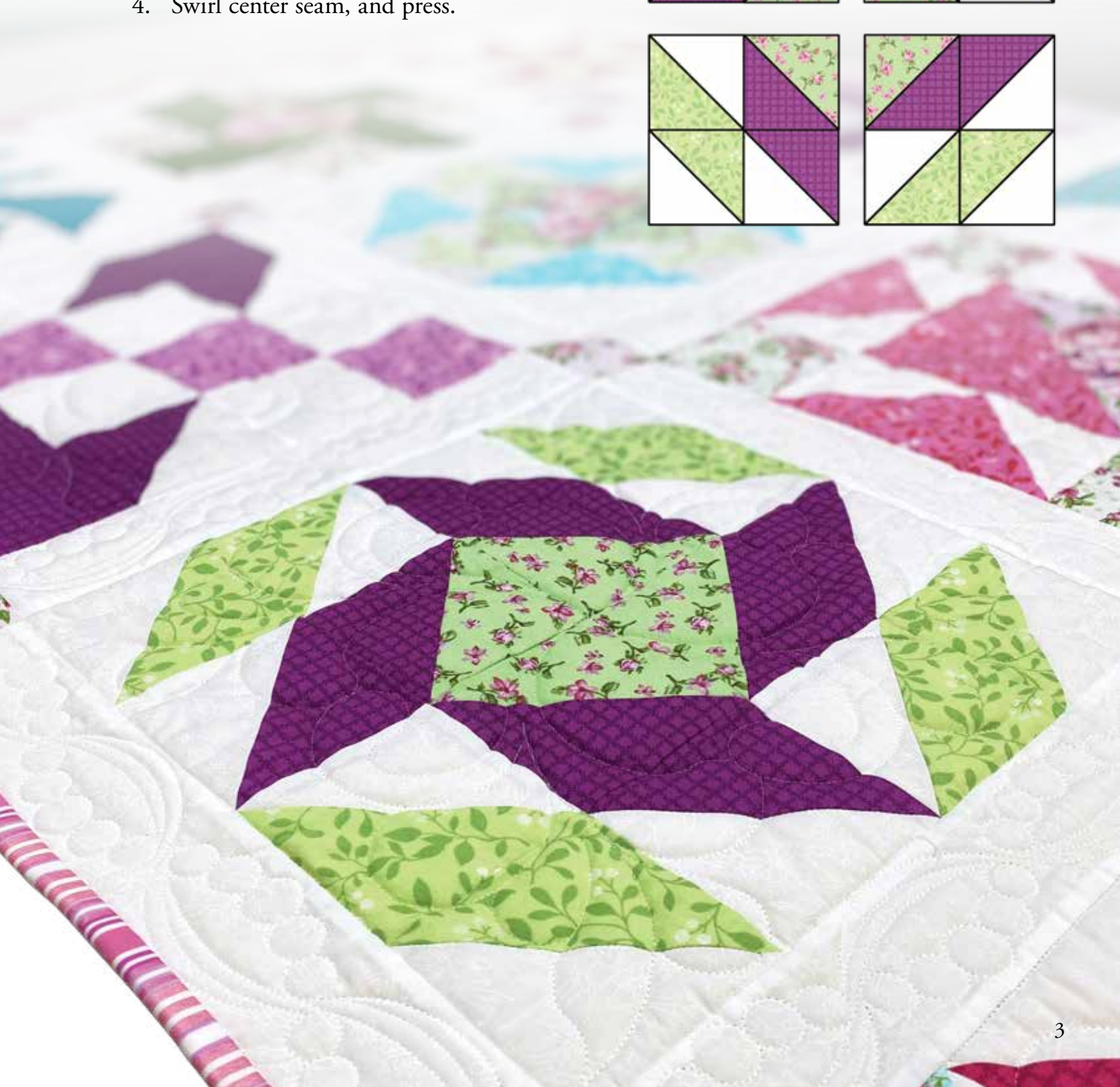
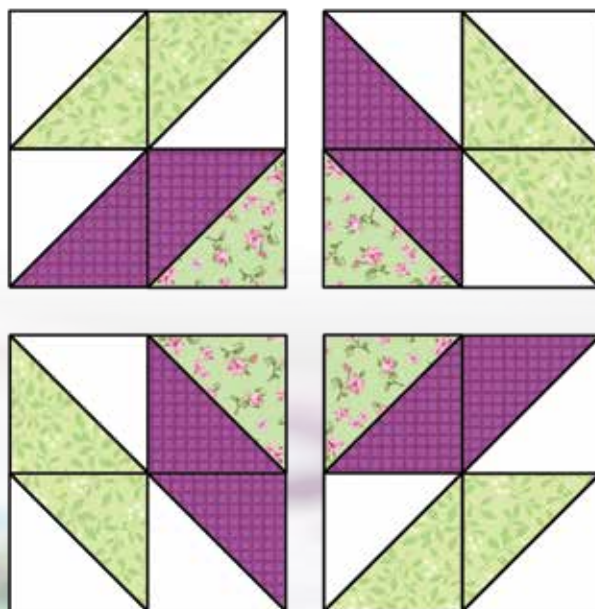
7. "Swirl" seam clockwise on wrong side.



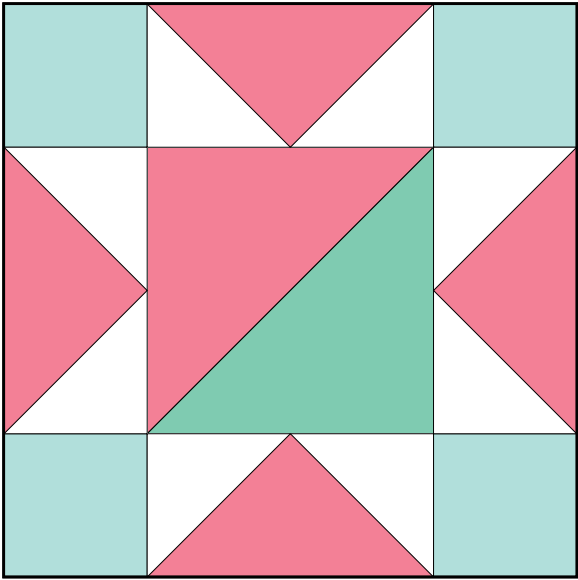
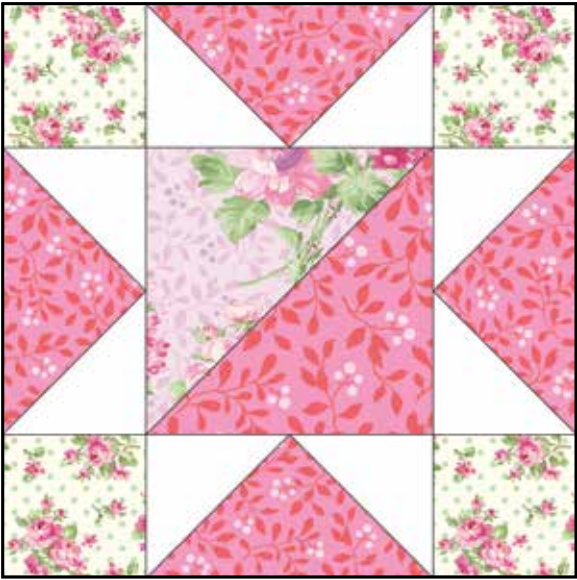


## Sewing Block together .....

1. Lay out four quarters.
2. Sew vertical blocks together.
3. Turn and sew remaining blocks together. Pushing top seam up and underneath seam down.
4. Swirl center seam, and press.



# Half Star



## Yardage



Background

(1) 9" Square



Pink Geese  
Center

(1) 7½" Square  
(1) 7" Square



Corners

(4) 3½" Squares



Center

(1) 7" Square

## Supplies

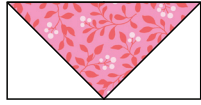
- 4" x 14" Ruler
- Turnable Mat
- Small Geese Ruler
- 6½" Fussy Cut Ruler



## Parts



*Cut 4*



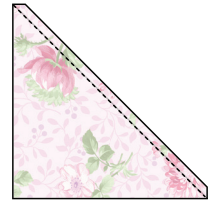
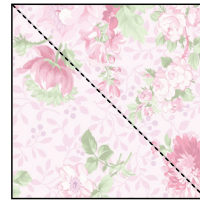
*Make 4  
Following Flying Geese  
instructions*



*Make 1  
Following Triangle Pieced Square  
instructions*

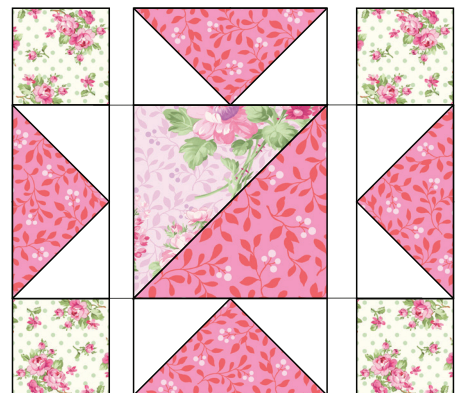
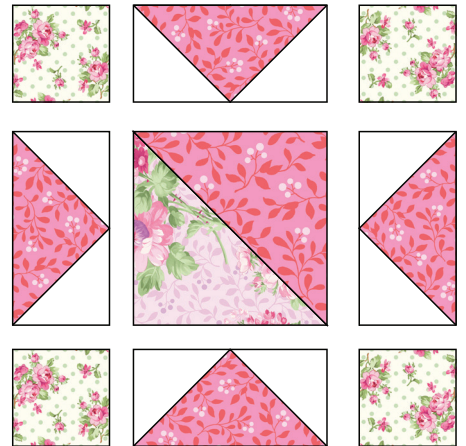
## Sewing Center Together

1. Sew two 7" squares right sides together on the diagonal.
2. Cut in half on the diagonal, leaving a  $\frac{1}{4}$ " on one side.
3. Press toward dark.
4. Square to 6 $\frac{1}{2}$ " with Fussy Cut Ruler.

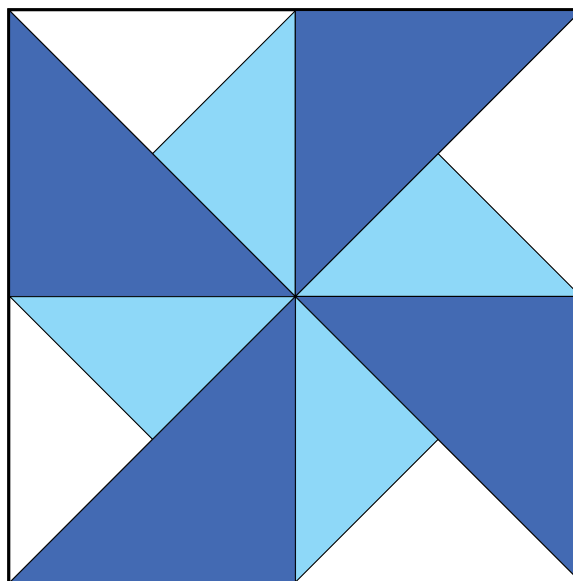
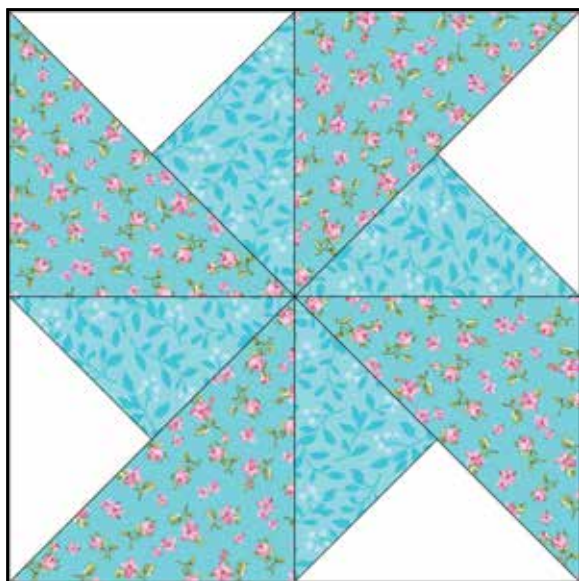


## Sewing Block Together

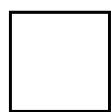
1. Lay out pieces.
2. Flip and sew vertical rows.
3. Sew remaining rows, Pressing seams away from Star Points.
4. Press last seams toward Center.



# Pinwheel



## Yardage



Background

(1) 7½" Square



Medium Blue

(1) 7½" Square



Dark Blue

(2) 7" Square

## Supplies

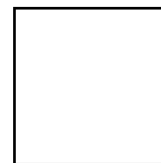
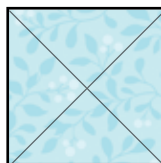
4½" Triangle Square Up Ruler

6½" Fussy Cut Ruler

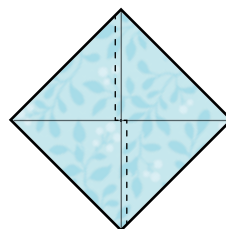
## Making the Tri-Square Patch

*Sew with a scant  $\frac{1}{4}$ " seam allowance.*

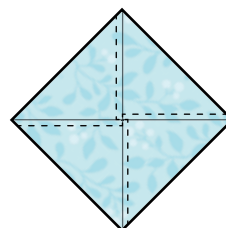
1. Draw two diagonal lines on wrong sides of Medium Blue square. Place right sides together to Background square.



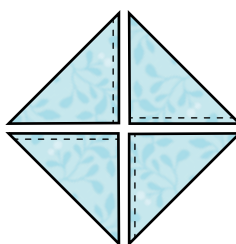
2. Sew  $\frac{1}{4}$ " from left side of diagonal line and stop at crossing diagonal line.



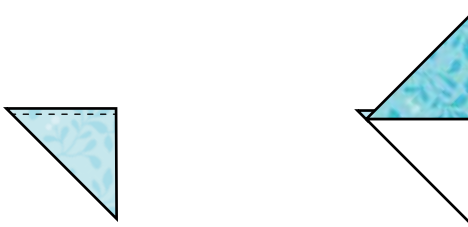
3. Leave needle in fabric, pivot, and sew on line stopping  $\frac{1}{4}$ " past first diagonal line.



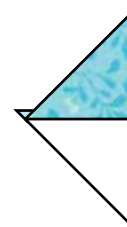
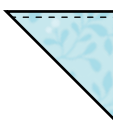
4. Pivot again and stitch  $\frac{1}{4}$ " from diagonal line.



5. Cut on diagonal lines into four triangles.

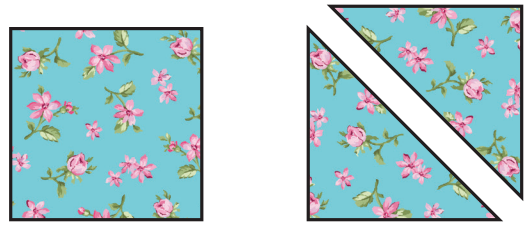


6. Press seams to medium.

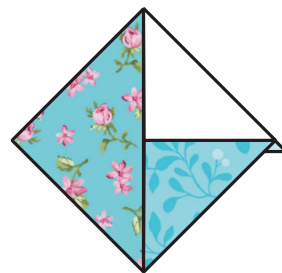
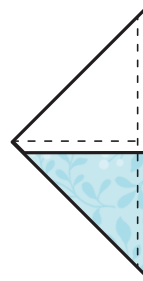
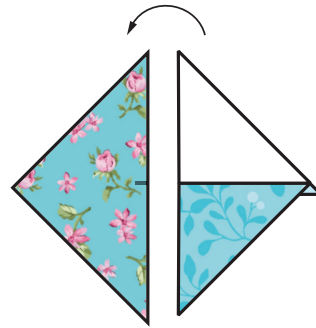


## Adding Large Triangles

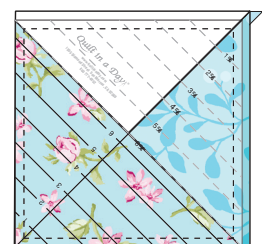
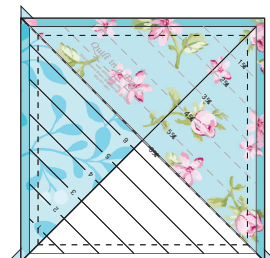
1. Cut (2) 7" Dark squares in half on diagonal. Mark center.



2. Stack all Dark Triangles right side up. Place Medium/Background Triangles on right and Dark Triangles on left. Flip Medium/Background right sides together to Dark. Assembly line sew. Press seams toward Dark.



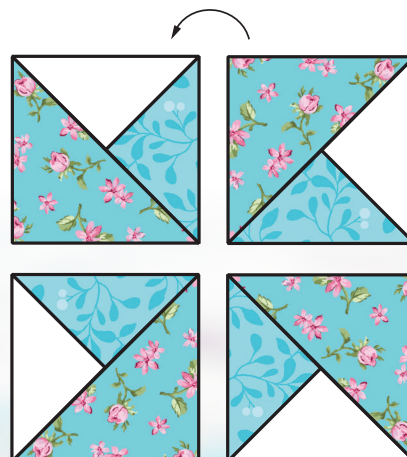
3. Using 6½" Triangle Square Up Ruler, square up patches to 6½". Place 6½" line on seam. Trim on all sides.





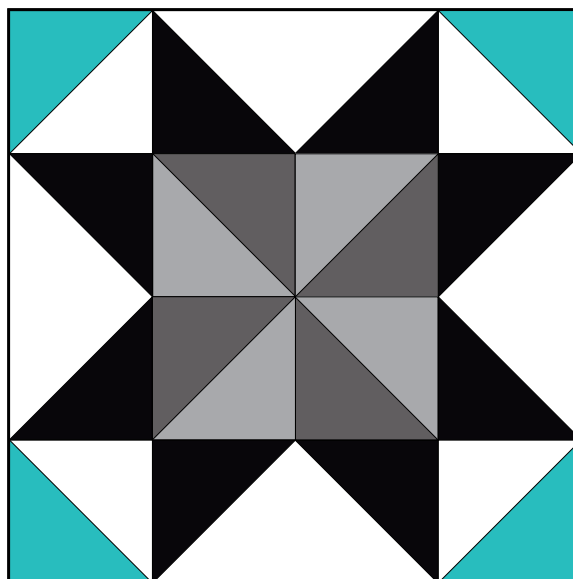
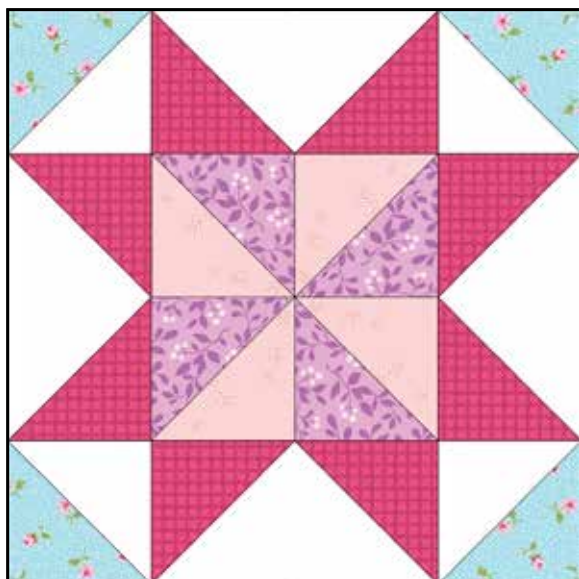
## Sewing Block Together .....

1. Lay out four quarters.
2. Sew vertical blocks together.
3. Turn and sew remaining blocks together.  
Pushing top seam up and underneath  
seam down.
4. Swirl center seam, and press.

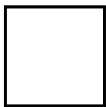








# Spinning Star



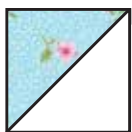
## Yardage

	Background	
	Geese	(1) 7½"
	Half Triangles	(1) 4" x 8"
<hr/>		
	Light Half Triangle	(1) 4" x 8"
<hr/>		
	Dark Geese	(1) 9" Square
<hr/>		
	Medium	(1) 4" x 8"
<hr/>		
	Medium	(1) 4" x 8"

## Supplies

4" x 14" Ruler  
 Turnable Mat  
 Small Geese Ruler  
 6½" Triangle Square Up

## Spinning Star



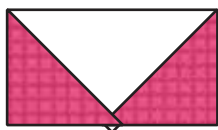
Make 4

Following Flying Geese instructions



Make 4

Following Flying Geese instructions



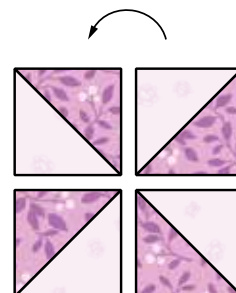
Make 4

Following Flying Geese instructions

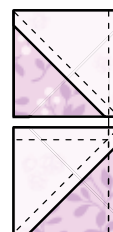


## Making Center Windmill

1. Lay out block.
2. Flip right sides together.



3. Assembly-line sew vertical row, locking seams.



4. Turn. Push top seam up, and underneath seam down. Lock seam. Assembly-line sew.

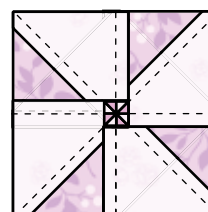


5. Clip thread loop in center.

6. Lay block flat, wrong side up.

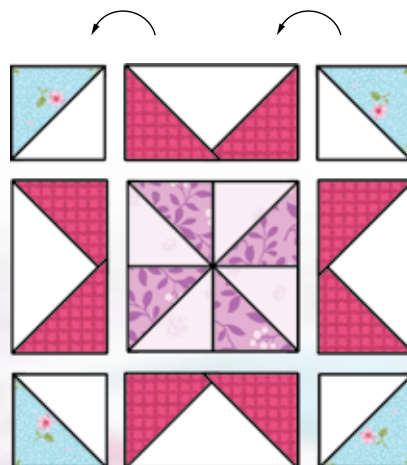
7. "Swirl" seams clockwise.

8. Press from right side.

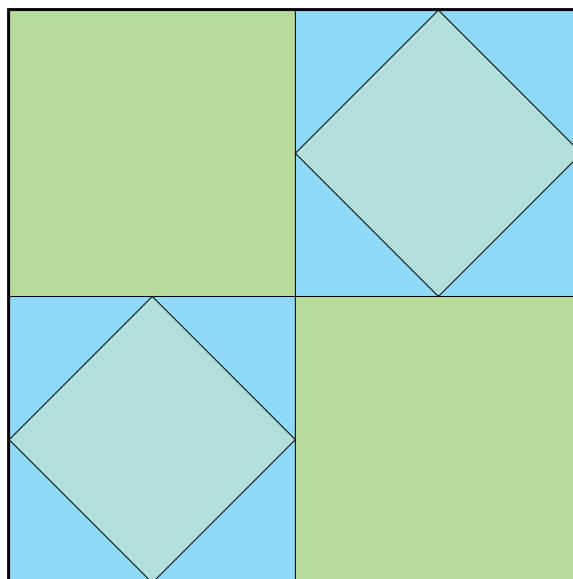
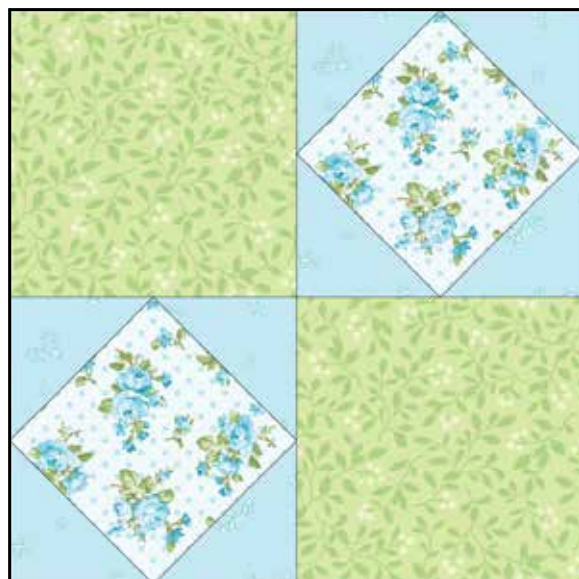


## Sewing Block Together

1. Lay out pieces.
2. Flip and sew vertical rows, locking seams.
3. Sew remaining rows, pressing seams toward Flying Geese Patches.
4. Press last seams toward Flying Geese Patches.



# Square in a Square



## Yardage



Fussy Cut

(2) 4<sup>3</sup>/<sub>4</sub>" Squares



Blue

(4) 4<sup>1</sup>/<sub>2</sub>" Squares



Green

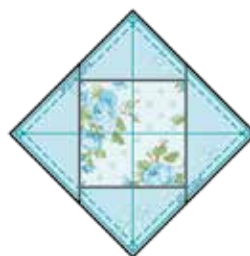
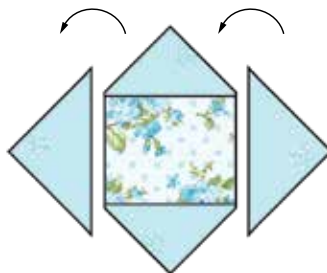
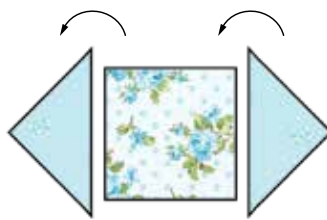
(2) 6<sup>1</sup>/<sub>2</sub>" Squares

## Supplies

6<sup>1</sup>/<sub>2</sub>" Fussy Cut Ruler  
Turnable Mat

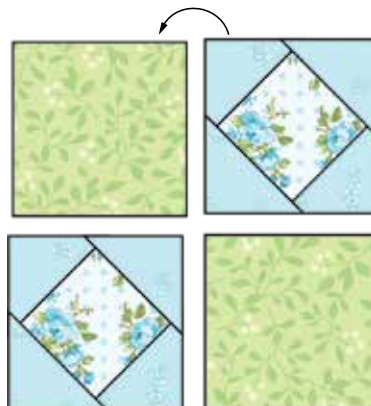
## Making Square in a Square

1. Lay out two triangles with one  $4\frac{3}{4}$ " square. Place two in each stack.
2. Flip right sides together and assembly-line sew.
3. Set seams with triangles on top, open, and press toward triangles. Trim tips.
4. Place two triangles on remaining sides. Flip right sides together and assembly-line sew.
5. Press toward triangles.
6. Square to  $6\frac{1}{2}$ " with Fussy Cut Ruler.



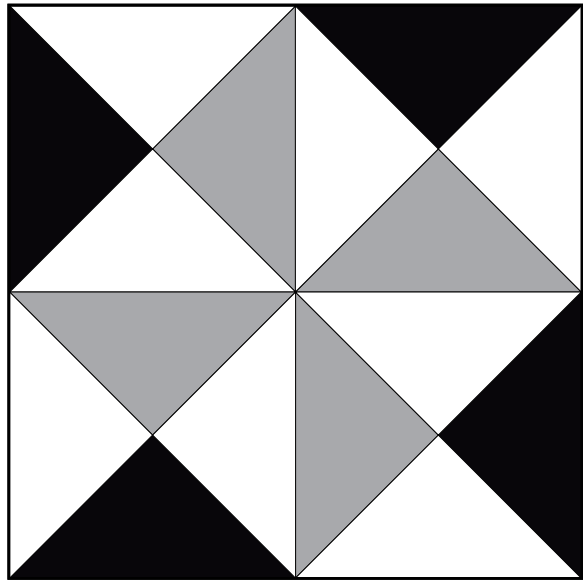
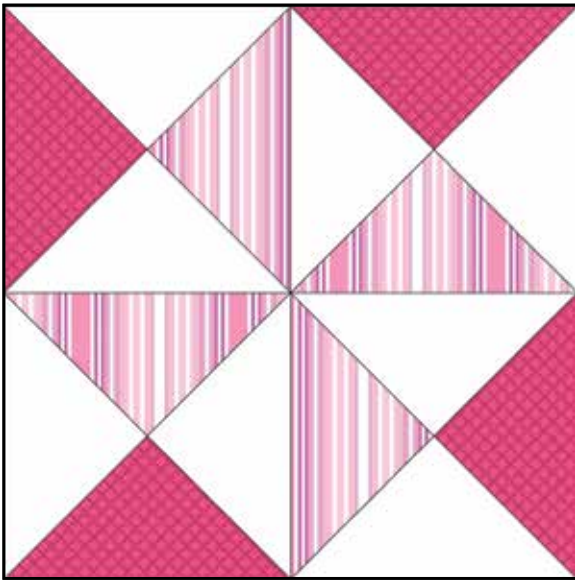
## Sewing Block Together

1. Lay out four patches and sew together, pressing top seam up and underneath seam down.
2. "Swirl" center seam on wrong side.

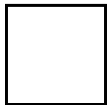




# Pork & Beans



## Yardage



Background

(2) 7½" Squares



Dark

(1) 7½" Square



Medium

(1) 7½" Square

## Supplies

4" x 14" Ruler

Turnable Mat

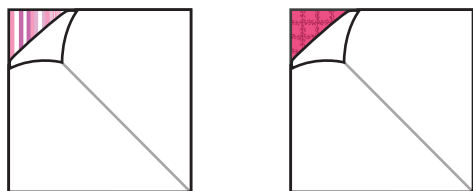
6½" Fussy Cut Ruler



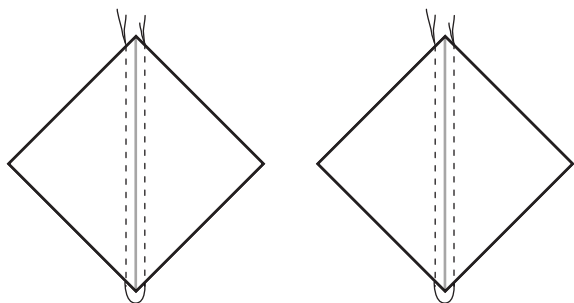
## Making Quarter Triangle Squares

*These patches are called quarter square patches. Follow directions carefully so all seams lock together.*

1. Place two sets of 7½" squares right sides together. Draw diagonal lines.

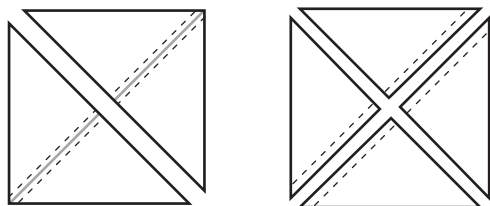


2. Sew ¼" from both sides of diagonal line.



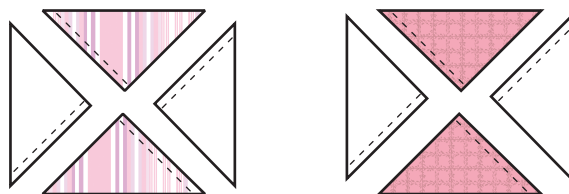
3. **Place squares as illustrated.** Cut both squares apart on diagonal the opposite way of line.

4. Cut apart on marked diagonal line.

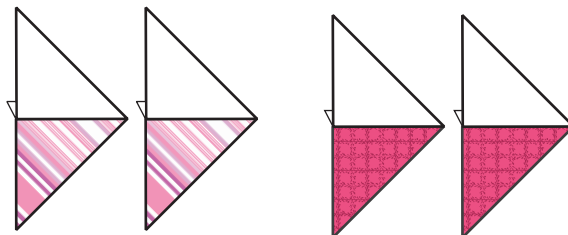


*Make sure triangles are turned exactly as illustrated.*

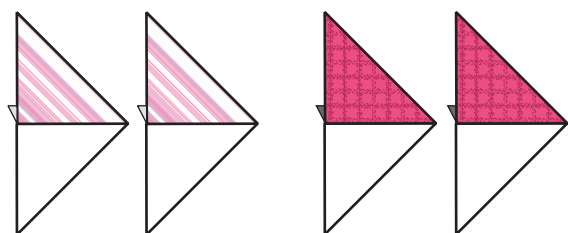
5. Turn two opposite triangles over.



6. Take two triangles with Background on top. Open and press toward Background.

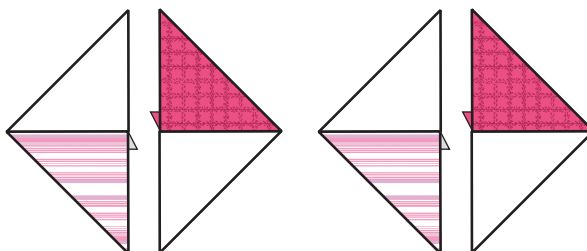
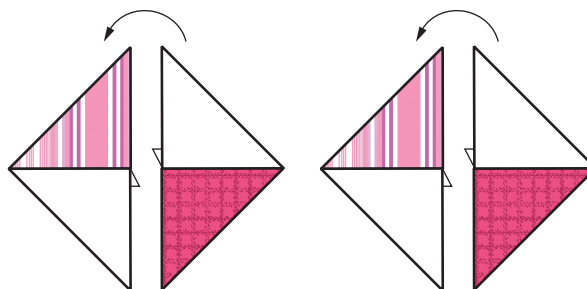


7. Take remaining two triangles with dark and medium on top. Open and press toward dark and medium.

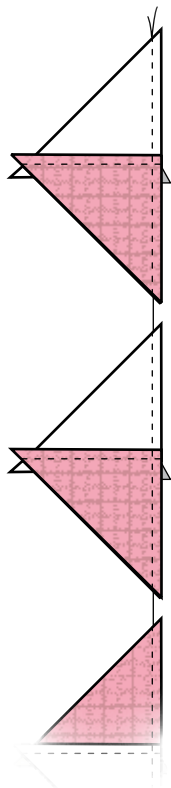


8. Turn pieces so seams go in opposite directions.

9. Flip piece on right to piece on left, right sides together.

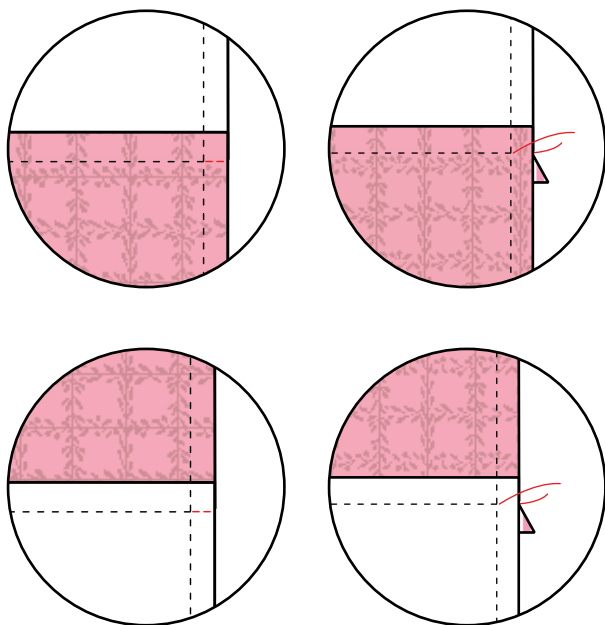


10. Lock center seams and assembly-line sew. Top seams all turn up and underneath seams all turn down.



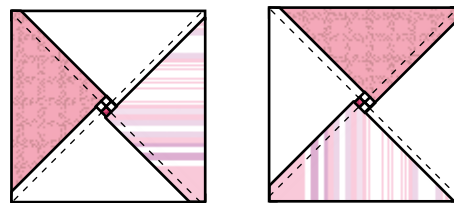
*Turn top seams up and underneath seams down.*

11. Remove three stitches in center seams. Turn patch over and remove three stitches on opposite side. See red thread.



## Pressing Patches

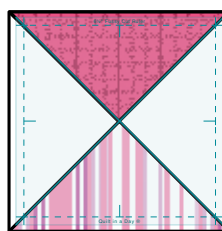
1. Place patches on pressing mat wrong side up. "Swirl" seams around center clockwise, opening center into little "Four Patch."
2. Press.



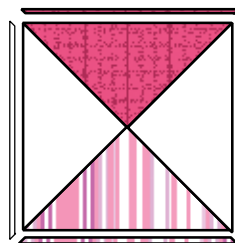
*"Swirl" seams around center. All pieces "swirl" the same way.*

## Squaring Patches

1. Place patch on small cutting mat right side up.
2. Place 6½" Fussy Cut Ruler on patch, lining up X lines on ruler with seams.



3. Trim on all four sides, turning mat as you trim.



## Sewing Block Together .....

1. Lay out four quarters.
2. Sew vertical blocks together.
3. Turn and sew remaining blocks together.  
Pushing top seam up and underneath seam down.
4. Swirl center seam, and press.

