Templates for Golden Helix quilt and runner

Intricate florals touched with metallic lace, lend this quilt a sophisticated look. The dynamic piecing makes it a true work of art!

Uses Benartex’s Metallic Lace collection by Dover Hill

Finished Sizes:
Quilt: 67” x 77”  Runner: 27” x 87”

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**QUILT INSTRUCTIONS:**

Finished Quilt Size: 67 ½" x 77 ½"

<table>
<thead>
<tr>
<th>SAMPLE</th>
<th>KEY / SKU</th>
<th>QTY</th>
<th>CUT FOR QUILT</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Mesh - Ivory/Gold 5118-07M</td>
<td>4 yd</td>
<td>(17) 2 3/8&quot; x WOF (21) 2 1/8&quot; x WOF (21) 2&quot; x WOF (7) 1 1/2&quot; x WOF - sub cut (1) 1 1/2&quot; x 70 1/2&quot; and (1) 1 1/2&quot; x 82 1/2&quot; - borders</td>
</tr>
<tr>
<td>B</td>
<td>Criss Cross Ribbon Black/Gold 5116M-12</td>
<td>2 1/2 yd</td>
<td>(68) 2&quot; x WOF</td>
</tr>
<tr>
<td>C</td>
<td>Metallic Lace Black 5112M-12</td>
<td>5/8 yd</td>
<td>(1) 2 1/8&quot; x WOF - sub cut (1) 2 1/8&quot; squares</td>
</tr>
<tr>
<td>D</td>
<td>Medallion Metallic Lace Black 5114M-12</td>
<td>1 1/3 yd</td>
<td>(5) 8&quot; x WOF - sub cut (5) 8&quot; squares</td>
</tr>
<tr>
<td>E</td>
<td>Metallic Lace Stripe Black 5113M-12</td>
<td>2 1/4 yd</td>
<td>(21) 2&quot; x WOF - sub cut (21) 2&quot; squares</td>
</tr>
<tr>
<td>F</td>
<td>Mess Black/Gold 5118M-12</td>
<td>5/8 yd</td>
<td>(8) 2 1/4&quot; x WOF - Binding</td>
</tr>
</tbody>
</table>

**RUNNER INSTRUCTIONS:**

Finished Runner Size: 27 ½" x 87 ½"

<table>
<thead>
<tr>
<th>QTY</th>
<th>CUT FOR RUNNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 7/8 yd</td>
<td>(7) 2 3/8&quot; x WOF (8) 2 1/8&quot; x WOF (8) 2&quot; x WOF (7) 1 1/2&quot; x WOF - sub cut (1) 1 1/2&quot; x 80 1/2&quot; and (1) 1 1/2&quot; x 62 1/2&quot; - borders</td>
</tr>
</tbody>
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**BLOCK ASSEMBLY**

**Tumble Block**
2. With corner of Tumble Block Template #1 on A strip, subcut (84) Template #1 triangles from AB strip sets.
3. Sew one Tumble Block Template #1 corner triangle to each side of (1) D 8" square. Make (21) Tumble Blocks. Squares measure 10 1/2".
4. With (1) D 8" x WOF strip in the center, sew (1) A 2" x WOF strip to right side and (1) A 2 1/8" x WOF strip to the left side. Make (21) ABA strip sets.
5. Using Double Tumble Block Template #2, subcut (84) Template #2 triangles from ABA strip sets.
6. Sew (1) Double Tumble Block Template #2 corner triangle to the left side of (1) C 5" square, sewing from top corner to bottom, stopping 1" before reaching the corner. Press
7. Sew (1) Double Tumble Block Template #2 corner triangle to the top of same C square. Continue in same manner around square.
8. Finish seam that was left open to end of triangles to make (1) Double Tumble Block. Make (21) Double Tumble Blocks. Squares measure 10 1/2".

**BORDER ASSEMBLY**

Measure width and length of project to ensure border cutting sizes. Below are our sizes.

For quilt - Sew (1) A 1 1/2" x 70 1/2" strip to the left and right of quilt top. Sew (1) A 1 1/2" x 62 1/2" strip to the top and bottom of quilt top. Repeat using the E 3" fuzzy cut strips.

For runner - Sew A 1 1/2" x 80 1/2" strip to the left and right of runner. Sew (1) A 1 1/2" x 22 1/2" strip to the the top and bottom of runner. Repeat using the E 3" fuzzy cut strips.

**FINISHING**
Cut batting and backing 3" longer than top on all sides. Layer backing, batting and top and baste or pin. When quilt is completed, trim excess batting and backing. Bind as usual.

**QUILT LAYOUT**
Refer to quilt diagram on next page for placement

**RUNNER LAYOUT**
Refer to runner diagram on next page for placement

WOF = Width of Fabric  
RST = Right sides together