

BALANCE BEAMS

By Janet Page Kessler



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Balance Beams is a modern quilt using *Contempo's "Daily Zen"* collection. It's filled with beautiful floral patterns, delicate leaves, and comes with great matching color coordinates. Works great as a wall hanging or quilt in the modern home.

Uses CONTEMPO's *Daily Zen* collection
by Michele D'Amore
FINISHED SIZE: 42" x 60"

CONTEMPO
In association with Benartex, LLC

THE QUILT SHOWN IS A DIGITAL REPRESENTATION. ACTUAL FABRIC REPEATS WILL VARY FROM DESIGN SHOWN.

Finished Size: 42" x 60"

SAMPLE	KEY/SKU	QTY	CUT
A	Pick Up Sticks Royal 1737-95	1/4 YD	(1) 6-1/2" x WOF strip, subcut (5) 6-1/2" squares
B	Pick Up Sticks Iris 1737-66	1/4 YD	(1) 5-1/2" x WOF strip, subcut (5) 5-1/2" x 7-1/2" rectangles
C	Leaf Vine White on Black 3394-12	1/4 YD	(1) 7-1/2" x WOF strip, subcut (5) 7-1/2" squares
D	Zen Flower Black 1738-12	1/2 YD	(2) 6-1/2" x WOF strip, subcut (4) 6-1/2" x 12-1/2" rectangles (2) 6-1/2" squares
E	Zen Flower Claret Red 1738-10	1/4 YD	(1) 4-1/2" x WOF strip, subcut (5) 4-1/2" squares
F	Broadway Light Blue 2749-05	1/3 YD	(2) 3-1/2" x WOF strip, subcut (5) 3-1/2" x 12-1/2" rectangles
G	Quill Gold 1736-33	1/3 YD	(1) 5-1/2" x WOF strip, subcut (5) 5-1/2" x 6-1/2" rectangles (1) 4-1/2" x WOF strip, subcut (5) 4-1/2" squares
H	Quill Split Pea 1736-44	1/3 YD	(2) 4-1/2" x WOF strip, subcut (5) 4-1/2" x 7-1/2" rectangles (5) 4-1/2" squares
I	Pick Up Sticks Light Fuschia 1737-82	1/2 YD	(1) 6-1/2" x WOF strip, subcut (5) 6-1/2" squares (1) 7-1/2" x WOF strip, subcut (5) 2-1/2" x 7-1/2" rectangles
J	Broadway Black 2749-12	3/4 YD	(3) 2-1/2" x WOF strips* (6) 2-1/4" x WOF binding strips
K	Zen Flower White 1738-09	1/2 YD	(2) 6-1/2" x WOF strip, subcut (5) 6-1/2" x 12-1/2" rectangles

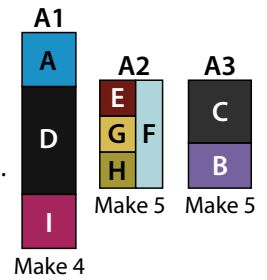
*SEW STRIPS VIA SHORT ENDS, THEN SUBCUT AS INDICATED | WOF/LOF = WIDTH/LENGTH OF FABRIC

BLOCK ASSEMBLY

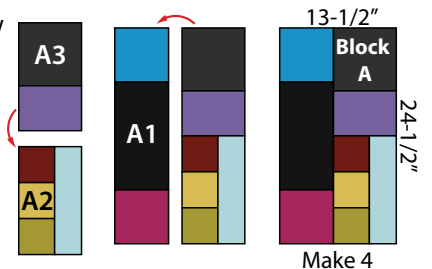
1. Block A: Sew (1) **A** 6-1/2" square, (1) **I** 6-1/2" square and (1) **D** 6-1/2" x 12-1/2" rectangle together as shown to create unit **A1**. Make 4 **A1** units.

Sew (1) **E**, **G** and **H** 4-1/2" square together as shown to make an **E/G/H** unit. Stitch (1) **F** 3-1/2" x 12-1/2" rectangle to the right side of the **E/G/H** unit to create unit **A2**. Make 5 **A2** units.

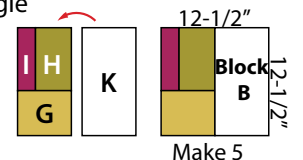
Sew (1) **B** 5-1/2" x 7-1/2" rectangle to (1) **C** 7-1/2" square as shown to create unit **A3**. Make 5 **A3** units.



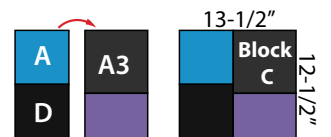
Refer to diagram to sew the **A3** unit to the top of the **A2** unit. Stitch unit **A2/A3** to the right side of unit **A1** to create **Block A**. Square to 13-1/2" x 24-1/2". Make 4 of **Block A**.



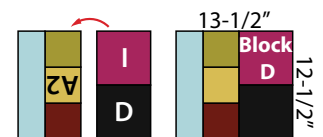
2. Block B: Sew (1) **I** 2-1/2" x 7-1/2" rectangle to (1) **H** 4-1/2" x 7-1/2" rectangle as shown to create an **I/H** unit. Sew (1) **G** 5-1/2" x 6-1/2" rectangle to the bottom of the **I/H** unit and stitch (1) **K** 6-1/2" x 12-1/2" rectangle to the right side of the **G/I/H** unit to create **Block B**. Square to 12-1/2". Make 5 of **Block B**.



3. Block C: Sew (1) **A** 6-1/2" square, (1) **D** 6-1/2" square and (1) **A3** unit as shown to create **Block C**. Square to 12-1/2" x 13-1/2". Make 1 of **Block C**.



4. Block D: Sew (1) **A2** unit, rotated 180°, (1) **D** 6-1/2" square and (1) **I** 6-1/2" square together as shown to create **Block D**. Square to 12-1/2" x 13-1/2" Make 1 of **Block D**.



QUILT ASSEMBLY

5. Vertical Row Assembly: Sew blocks together in 3 vertical rows as shown in the Quilt Diagram, noting the orientation of each block.

Refer to the quilt diagram to sew the 3 vertical rows, alternating with the (2) **J** 2-1/2" x (60-1/2") sashing strips to complete the quilt top.

FINISHING

Cut batting and piece the backing to measure 6" larger than the top on all sides. Layer the backing, batting and top together and baste or pin. When quilting is completed, trim excess batting and backing. Bind as usual.

*NOTE: If this Benartex pattern is included in a kit, any questions about the kit should be addressed to the vendor from whom you bought it.

